Appendix 3 to the commissioned report: Monitor of Engagement with the Natural Environment Survey: developing a method to measure nature connection across the English population (adults and children) (NECR233)

Data profiling the population by Nature Connection Index and visit frequency

The tables on the following pages provide some additional results to accompany the Monitor of Engagement with the Natural Environment Report NECR233

NCI pen portraits – indices are used to highlight traits of those in either the bottom or top 20% of the population when classified by the Nature Connection Index. The indices are based on a comparison of the profile of each group against the total population e.g. an index of 100 means the group's profile for an attribute matches the total population while an index of 200 means that members of the group are twice as likely to be in a particular demographic group or exhibit a particular behaviour etc. Colours are used to highlight variations. Commentary on right hand side summarises key differences between the bottom and top groups.

NCI versus Visit Frequency – a cross tabulation of key MENE results regarding various measures including attitudes to the natural environment by either NCI or Visit Frequency. This includes a comparison of the size of difference between the 'top' and 'bottom' groups when using NCI or visit frequency, and notes are included to highlight points of interest – where NCI showed a larger difference between the 'top' and 'bottom' groups than seen for Visit Frequency, the note on the right-hand side is coloured in blue.

NCI pen portraits

Average number of times spent out of doors away from home, over the last 12

BASE

months

Every day

Once a week

Once or twice

Never

More than once per day

Several times a week

Once or twice a month

Once every 2-3 months

BOTTOM	TOP
Bottom	
20%	TOF

Mean

51

69

72

84

131

108

123

146

107

TOTAL %

100

100

100

100

100

100

100

100

TOP	
TOP 20%	В
Mean	
	V
188	01
162	
98	
84	
81	
100	
90	

воттом	MID	ТОР
Most likely to take visits		Most likely to take visits
once or twice a year or never		every day

PFN	PORTRA	IT INTER	PRETATION

	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
BASE			
Extent of agreement about environmental attitudes - Spending time out of doors (including my own garden) is an important part of my life			
[5] Strongly agree	100	29	164
[4] Agree	100	104	72
[3] Neither agree nor disagree	100	274	22
[2] Disagree	100	314	9
[1] Strongly disagree	100	140	73
Extent of agreement about environmental attitudes - I am concerned about damage to the natural environment			
[5] Strongly agree	100	34	172
[4] Agree	100	104	70
[3] Neither agree nor disagree	100	251	50
[2] Disagree	100	226	28
[1] Strongly disagree	100	285	1

	NAID	
ВОТТОМ	MID	ТОР
Much more likely to disagree		More likely to agree
Much more likely to disagree		More likely to agree
Ividentifiore likely to disagree		Widte likely to agree

		ROLLOM	TOP
	TOTAL	Bottom 20%	TOP 20%
Extent of agreement about environmental			
attitudes - There are many natural places I			
may never visit but I am glad they exist			
[5] Strongly agree			
	100	42	137
[4] Agree			
	100	129	76
[3] Neither agree nor disagree	400	070	40
[0] Diagrams	100	276	48
[2] Disagree	100	293	51
[1] Strongly disagree	100	293	31
[1] Changiy alaagida	100	209	73
[5] Strongly agree			
	100	38	142
[4] Agree			
	100	131	69
[3] Neither agree nor disagree			
	100	364	9
[2] Disagree	100	200	00
[41 Ctrongly diagrams	100	266	23
[1] Strongly disagree	100	163	85
	100	103	00

воттом	MID	ТОР
Much more likely to disagree		More likely to agree
Much more likely to disagree		More likely to agree

		воттом	TOP
	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
ACTIVITIES NORMALLY UNDERTAKEN			
Watching or listening to nature programmes on the TV or radio	100	64	112
Looking at books, photos or websites about the natural world	100	40	132
Looking at natural scenery from indoors or whilst on journeys	100	58	119
Sitting or relaxing in a garden	100	68	111
Gardening	100	58	123
Watching wildlife (including bird watching)	100	44	152
Choosing to walk through local parks or green spaces on my way to other places	100	61	126
Doing unpaid voluntary work out of doors	100	41	128
None of these	100	251	60

воттом	MID	ТОР
		More likely to take part
Much less likely to		in nature based
undertake any activities		activities

		Bottom	
	TOTAL	20%	TOP 20%
	%	Mean	Mean
PRO-ENVIRONMENTAL BEHAVIOURS			
I usually recycle items rather than throw them away			
	100	84	109
I usually buy eco-friendly products and brands	100	51	125
I usually buy seasonal or locally grown food	100	52	121
I choose to walk or cycle instead of using my car when I can	100	70	114
I encourage other people to protect the environment	100	31	145
I am a member of an environmental or conservation organisation	100	36	143
I volunteer to help care for the environment	100	28	161
I donate money at least once every three months to support an environmental or conservation organisation	100	37	163
I donate my time at least once every three months to an environmental or conservation organisation	100	61	128
I have signed a conservation petition or participated in an online\other conservation campaign	100	31	147
None of these	100	203	69

	1	T
воттом	MID	ТОР
Less likely to undertake any activities		More likely to encourage people to protect the environment, and to take part in proenvironmental activities

	BOTTOW TOP		
	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
CHANGES IN LIFESTYLE			
I like my lifestyle the way it is and am not likely to change it			
	100	112	101
I'd like to make changes to my lifestyle but I don't know what to do	100	95	99
I'd like to make changes to my lifestyle but it's too difficult	100	135	44
I'd make changes to my lifestyle if I knew other people were willing to make changes	100	73	60
I intend to make changes to my lifestyle	100	80	95
I already do a lot to protect the environment so it would be difficult to do more	100	58	134
Don't know	100	172	86
WHETHER HAVE A GARDEN			
I have access to a private garden			
	100	93	103
I have access to a private communal garden	100	101	73
I have access to a private outdoor space but not a garden (balcony, yard, patio area)	100	105	100
I don" have access to a garden	100	144	90

воттом	MID	ТОР	
More likely to be happy with			
lifestyle and not likely to		More likely to say	
change, or to say changing		already do a lot and	
lifestyle is too difficult		difficult to change	
Less likely to have access to			
a garden			

DEN	$D \cap D T D$	AIT I	NITEDD	RFTATION

	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
ATTITUDES TO GARDEN			
My garden is an important place to me	100	54	121
I like spending time in my garden	100	62	115
I don't like my garden	100	164	29
I enjoy gardening	100	52	130
I like to grow fruit, vegetables or herbs in my garden	100	42	145
My garden is too small	100	99	78
My garden is too large	100	110	107
My garden is a place where children can play	100	70	120
I enjoy my garden because it is private	100	75	120
I enjoy the trees in my garden	100	48	152
I enjoy the grass\plants in my garden	100	60	137
I enjoy the pond\water features in my garden	100	40	171
I enjoy feeding birds in my garden	100	38	153
I encourage wildlife in my garden	100	43	141
I enjoy the wildlife in my garden	100	45	142
I enjoy my garden because of its views (e.g. of land, sky, water)	100	52	159

FEN FORTRAIT INTERFRETATION			
воттом	MID	ТОР	
More likely to say they don't like their garden, less likely to agree with most other statements.		More likely to agree with positive statements re. enjoyment and encouraging wildlife.	
	1		

PEN	PORTRAIT	INTERPR	ETATION
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	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
AGE			
16-24	100	155	47
25-34	100	138	92
35-44	100	86	108
45-54	100	81	97
55-64	100	67	159
65+	100	72	108
GENDER			
Male	100	114	99
Female	100	87	101
ETHNICITY			
BAME	100	98	100
Non-BAME	100	110	99
LONG TERM ILLNESS OR DISABILITY			
Yes	100	83	109
No	100	105	97
SOCIAL GRADE			
AB	100	89	91
C1	100	92	95
C2	100	88	116
DE	100	119	99

MID	ТОР
	More likely to be 55-64
	MID

	BOTTOM TOP			
	TOTAL	Bottom 20%	TOP 20%	
	%	Mean	Mean	
BASE				
LIFESTAGE				
Young Independent				
	100	162	62	
Older Independent	100	90	103	
Family	100	102	97	
Empty Nester	100	69	121	
CHILDREN IN HOUSEHOLD				
Any children in household	100	100	98	
No children in household	100	100	101	
DOG OWNERSHIP				
Own a dog	100	105	107	
Do not own a dog	100	98	98	
SELF REPORTED HEALTH				
Very good	100	79	109	
Good	100	107	92	
Fair	100	102	103	
Bad	100	127	93	
Very bad	100	188	157	
Don't know	100	-	-	

воттом	MID	ТОР
More likely to be		
Young Independent		Mana Platata ba Essat
(16-34, no children in household)		More likely to be Empty Nester (55+, no kids)
nousenoluj		Nester (55+, 110 kius)

BOTTOM

BASE

2

0- Not at all satisfied

10 - Completely satisfied

ONS WELLBEING QUESTION 1: Overall how satisfied are you with life nowadays?

TOTAL	Bottom 20%	TOP 20%
%	% Mean Mean	
100	54	114
100	244	128
100	217	-
100	174	-
100	153	80
100	149	86
100	117	79
100	77	78
100	103	95
100	67	102
100	81	164

воттом	MID	ТОР
More likely to score 1		
or 2		More likely to score 10

PFN	PORTR	ΔΙΤ	INTER	PRFT	NOIT2
FLIN	FUNIN	~!!			7 I I O I V

	DOTTOW TOP		
	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
ONS WELLBEING QUESTION 2: Overall to what extent do you feel that the things you do in your life are worthwhile?			
0- Not at all worthwhile	100	81	-
1	100	244	-
2	100	133	-
3	100	220	-
4	100	199	38
5	100	159	61
6	100	155	81
7	100	97	65
8	100	93	88
9	100	66	110
10 - Completely worthwhile	100	64	183

воттом	MID	ТОР
		•

воттом тор

	T	-	101
	TOTAL	Bottom 20%	TOP 20%
	%	Mean	Mean
ONS WELLBEING QUESTION 3: Overall, how happy did you feel yesterday?			
0- Not at all happy			
	100	127	133
1	100	225	79
2	100	253	38
3	100	140	55
4	100	133	37
5	100	129	112
6	100	156	63
7	100	80	84
8	100	105	76
9	100	56	107
10 - Completely happy	100	68	165

воттом	MID	ТОР
20110111	2	10.
Most likely to score 1 or 2		Most likely to score 10
OI Z		iviost likely to score 10

PEN	PORTRAIT	INTERPRETATION
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		DOTTON	101
		Bottom	
	TOTAL	20%	TOP 20%
	%	Mean	Mean
ONS WELLBEING QUESTION 4: Overall			
how anxious did you feel yesterday?			
0- Not at all anxious			
	100	79	114
1			
	100	64	117
2			
	100	131	57
3			
	100	165	53
4			
	100	174	61
5			
	100	120	117
6	400	440	445
7	100	110	115
7	100	67	07
8	100	67	97
O	100	89	105
9	100	03	100
	100	200	46
10 - Completely anxious	100	200	10
To Completely anxious	100	94	138

воттом	MID	ТОР
		`

Comparing NCI and visit frequency

NCI versus Visit Frequency

N	1

TOP GROUP TO BOTTOM GROUP PP DIFFERENCE

	NCI						
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
Average number of times spent out of doors away from home, over the last 12 months	More than once per day	3%	2%	1%	1%	5%	6%
	Every day	9%	6%	10%	5%	9%	14%
	Several times a week	21%	15%	20%	21%	28%	21%
	Once a week	22%	18%	28%	25%	20%	19%
	Once or twice a month	21%	28%	17%	21%	22%	17%
	Once every 2-3 months	6%	6%	5%	6%	7%	6%
	Once or twice	7%	9%	9%	8%	3%	6%
	Never	11%	16%	10%	12%	6%	12%

VISIT FREQUENCY

		NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK	TOP GROUP TO BOTTOM GROUP PP DIFFERENCE	Notes
ICI	Bottom 20%	30%	24%	22%	14%		
	21% to 40%	18%	21%	21%	18%		
	41% to 60%	21%	22%	22%	16%		
	61% to 80%	10%	14%	20%	27%		
	81% to 100%	21%	18%	16%	25%		

TOP GROUP
то воттом
GROUP PP
DIFFERENCE

NCI Bottom 20%

52%

46%

					NCI		
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
Extent of agreement about environmental attitudes - Spending time out of doors (including my own garden) is an important part of my life	[5] Strongly agree	39%	11%	25%	40%	55%	63%
	[4] Agree	47%	49%	60%	52%	40%	34%
	[3] Neither agree nor disagree	9%	24%	9%	5%	3%	2%
	[2] Disagree	5%	14%	4%	2%	1%	0%
	[1] Strongly disagree	1%	2%	2%	1%	0%	1%
	Don't know	0%	0%	0%	0%	0%	0%
Extent of agreement about environmental attitudes - I am concerned about damage to the natural environment	[5] Strongly agree	33%	11%	19%	32%	49%	58%
	[4] Agree	53%	55%	68%	59%	44%	37%
	[3] Neither agree nor disagree	9%	22%	7%	6%	4%	4%
	[2] Disagree	4%	9%	5%	2%	2%	1%
	[1] Strongly disagree	1%	3%	1%	1%	0%	0%

0%

0%

0%

0%

0%

0%

Don't know

VISIT FREQUENCY

 2010111 2070	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
[5] Strongly agree	25%	27%	37%	53%
[4] Agree	44%	48%	51%	43%
[3] Neither agree nor disagree	15%	15%	7%	3%
[2] Disagree	12%	8%	4%	2%
[1] Strongly disagree	5%	1%	1%	0%
Don't know	0%	0%	0%	0%
[5] Strongly agree	28%	28%	33%	39%
[4] Agree	47%	54%	54%	50%
[3] Neither agree nor disagree	16%	13%	8%	6%
[2] Disagree	7%	4%	4%	4%
[1] Strongly disagree	2%	2%	1%	1%
Don't know	0%	0%	0%	0%

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

Strong agreement varies much more across NCI scale
than visit frequency scale

Strong agreement varies much more across NCI scale 11% than visit frequency scale

TOP GRO
то вотт
GROUP P
DIFFERE

TOP GROUP
то воттом
GROUP PP
DIFFERENCE

49%

VISIT FREQUENCY

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

Strong agreement varies much more across NCI scale 13% than visit frequency scale

Strong agreement varies much more across NCI scale
than visit frequency scale

				_	NCI	_	
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
Extent of agreement about environmental attitudes - There are many natural places I may never visit but I am glad they exist	[5] Strongly agree	42%	18%	35%	42%	60%	58%
	[4] Agree	52%	68%	61%	55%	38%	40%
	[3] Neither agree nor disagree	4%	11%	3%	2%	2%	2%
	[2] Disagree	1%	2%	1%	0%	0%	0%
	[1] Strongly disagree	1%	1%	0%	1%	0%	0%
	Don't know	0%	0%	0%	0%	0%	0%
Extent of agreement about environmental attitudes - Having open green spaces close to where I live is important	[5] Strongly agree	47%	18%	39%	50%	64%	67%
	[4] Agree	46%	60%	55%	48%	34%	32%
	[3] Neither agree nor disagree	5%	17%	3%	1%	1%	0%
	[2] Disagree	2%	5%	2%	0%	1%	0%
	[1] Strongly disagree	0%	1%	0%	1%	0%	0%
	Don't know	0%	0%	0%	0%	0%	0%

Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
[5] Strongly agree	34%	37%	40%	47%
[4] Agree	54%	54%	54%	50%
[3] Neither agree nor disagree	10%	7%	4%	2%
[2] Disagree	1%	1%	1%	1%
[1] Strongly disagree	2%	1%	1%	0%
Don't know	0%	0%	0%	0%
[5] Strongly agree	31%	34%	46%	56%
[4] Agree	53%	54%	49%	40%
[3] Neither agree nor disagree	9%	8%	4%	2%
[2] Disagree	6%	3%	1%	1%
[1] Strongly disagree	1%	1%	1%	1%
Don't know	0%	0%	0%	0%

J
Ì
9
C

30%

28%

32%

40%

36%

6%

					NCI		
ACTIVITIES NORMALLY	BASE	TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
UNDERTAKE							
	Watching or listening to nature programmes on the TV or radio	51%	32%	48%	53%	65%	57%
	Looking at books, photos or websites about the natural world	33%	13%	31%	33%	44%	43%
	Looking at natural scenery from indoors or whilst on journeys	46%	27%	42%	46%	62%	55%
	Sitting or relaxing in a garden	61%	41%	62%	69%	65%	68%
	Gardening	49%	28%	43%	54%	59%	60%
	Watching wildlife (including bird watching)	37%	16%	27%	39%	48%	57%
	Choosing to walk through local parks or green spaces on my way to other places	56%	34%	51%	59%	66%	70%
	Doing unpaid voluntary work out of doors	6%	3%	5%	7%	10%	8%
	None of these	9%	22%	7%	6%	3%	5%
	Don't know	0%	0%	0%	0%	0%	0%

VISIT FREQUENCY

ICI	Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
	Watching or listening to nature programmes on the TV or radio	40%	45%	51%	54%
	Looking at books, photos or websites about the natural world	19%	25%	32%	38%
	Looking at natural scenery from indoors or whilst on journeys	28%	37%	44%	55%
	Sitting or relaxing in a garden	46%	52%	66%	69%
	Gardening	39%	42%	50%	57%
	Watching wildlife (including bird watching)	29%	33%	34%	45%
	Choosing to walk through local parks or green spaces on my way to other places	22%	31%	58%	71%
	Doing unpaid voluntary work out of doors	4%	4%	6%	9%
	None of these	22%	13%	7%	4%
	Don't know	0%	0%	0%	0%

TOP GROUP
то воттом
GROUP PP
DIFFERENCE

Notes

14%	Participation varies more by NCI than visit frequency
19%	Participation varies more by NCI than visit frequency
28%	
23%	
18%	Participation varies more by NCI than visit frequency
16%	Participation varies more by NCI than visit frequency
49%	Participation varies more by visit frequency than NCI
5%	

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE

21%

25%

20%

31%

7%

7%

10%

2%

10%

7%

10%

9%

					NCI		
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
PRO ENVIRONMENTAL BEHAVIOURS	BASE	TOTAL	20 /0	+0 /0	00 /6	00 /6	20 /6
	I usually recycle items rather than throw them away	74%	62%	72%	74%	82%	80%
	I usually buy eco- friendly products and brands	28%	14%	23%	33%	37%	35%
	I usually buy seasonal or locally grown food	36%	19%	33%	40%	46%	44%
	I choose to walk or cycle instead of using my car when I can	45%	31%	41%	46%	56%	51%
	I encourage other people to protect the environment	28%	9%	16%	32%	42%	40%
	I am a member of an environmental or conservation organisation	6%	2%	3%	9%	9%	9%
	I volunteer to help care for the environment	5%	2%	3%	7%	7%	9%
	I donate money at least once every three months to support an environmental or conservation organisation	8%	3%	3%	9%	13%	13%
	I donate my time at least once every three months to an environmental or conservation organisation	2%	2%	2%	3%	3%	3%
	I have signed a conservation petition or participated in an online\other conservation campaign	9%	3%	5%	11%	11%	13%
	None of these			1	1		

14%

28%

14%

None of these

VISIT	FREQ	UENCY
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I	Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
	I usually recycle items rather than throw them away	55%	67%	76%	82%
	I usually buy eco- friendly products and brands	15%	18%	25%	31%
	I usually buy seasonal or locally grown food	25%	24%	33%	42%
	I choose to walk or cycle instead of using my car when I can	21%	31%	45%	59%
	I encourage other people to protect the environment	17%	19%	26%	32%
	I am a member of an environmental or conservation organisation	3%	4%	7%	9%
	I volunteer to help care for the environment	3%	3%	5%	6%
	I donate money at least once every three months to support an environmental or conservation organisation	6%	6%	8%	10%
	I donate my time at least once every three months to an environmental or conservation organisation	2%	1%	2%	4%
	I have signed a conservation petition or participated in an online\other conservation campaign	2%	5%	8%	12%
	None of these	33%	22%	11%	6%

TOP GROUP
то воттом
GROUP PP
DIFFERENCE

Notes

ottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
usually recycle ems rather than row them away	55%	67%	76%	82%
usually buy eco- iendly products and rands	15%	18%	25%	31%
usually buy easonal or locally rown food	25%	24%	33%	42%
choose to walk or ycle instead of sing my car when I an	21%	31%	45%	59%
encourage other eople to protect the nvironment	17%	19%	26%	32%
am a member of an nvironmental or onservation rganisation	3%	4%	7%	9%
volunteer to help are for the nvironment	3%	3%	5%	6%
donate money at least once every liree months to lipport an invironmental or conservation reganisation	6%	6%	8%	10%
donate my time at last once every laree months to an environmental or conservation reganisation	2%	1%	2%	4%
have signed a conservation petition participated in an online\other conservation ampaign	2%	5%	8%	12%
lone of these	33%	22%	11%	6%

	TOP GROUP
	то воттом
NCI	GROUP PP
NCI	DIFFERENCE

-3%

0%

-7%

-1%

2%

18%

		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
Changes in lifestyle	I like my lifestyle the way it is and am not likely to change it	31%	35%	32%	29%	29%	32%
	I'd like to make changes to my lifestyle but I don't know what to do	7%	7%	10%	6%	6%	7%
	I'd like to make changes to my lifestyle but it's too difficult	7%	10%	8%	8%	8%	3%
	I'd make changes to my lifestyle if I knew other people were willing to make changes	5%	3%	7%	5%	6%	3%
	I intend to make changes to my lifestyle	14%	11%	15%	16%	15%	13%
	I already do a lot to protect the environment so it would be difficult to do more	24%	14%	15%	28%	31%	32%
	Don't know	11%	20%	13%	10%	5%	10%

	TIOIT TILEGOLITOT					
Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK		
I like my lifestyle the way it is and am not likely to change it	39%	33%	32%	33%		
I'd like to make changes to my lifestyle but I don't know what to do	4%	6%	7%	6%		
I'd like to make changes to my lifestyle but it's too difficult	7%	9%	8%	5%		
I'd make changes to my lifestyle if I knew other people were willing to make changes	3%	2%	4%	4%		
I intend to make changes to my lifestyle	6%	10%	15%	15%		
I already do a lot to protect the environment so it would be difficult to do more	22%	23%	24%	27%		
Don't know	21%	18%	10%	9%		

VIS	SIT FR	EQUEN	TO BOTTOM GROUP PP DIFFERENCE	Notes	
VER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK		
%	33%	32%	33%	-5%	
	6%	7%	6%	2%	
	9%	8%	5%	-2%	

1%

5%

Intention to make changes to lifestyle varies more by visit frequency than NCI

TOP GROUP

TOP GROUP
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GROUP PP
DIFFERENCE
7

31%

NCI

		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
Local greenspaces are within easy walking distance	[5] Strongly agree	32%	17%	28%	27%	39%	49%
	[4] Agree	56%	63%	60%	63%	48%	43%
	[3] Neither agree nor disagree	4%	11%	4%	2%	3%	1%
	[2] Disagree	6%	6%	5%	6%	7%	4%
	[1] Strongly disagree	2%	1%	2%	2%	2%	3%
	Don't know	0%	1%	1%	0%	0%	0%
Local greenspaces are of a high enough standard to want to spend time there	[5] Strongly agree	24%	10%	19%	20%	32%	42%
	[4] Agree	53%	52%	62%	61%	44%	43%
	[3] Neither agree nor disagree	12%	19%	12%	12%	11%	8%
	[2] Disagree	8%	14%	5%	5%	10%	6%
	[1] Strongly disagree	2%	2%	1%	2%	2%	1%
	Don't know	1%	3%	1%	0%	0%	0%

VISIT FREQUENCY

CI	Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
	[5] Strongly agree	19%	21%	30%	39%
	[4] Agree	58%	61%	58%	52%
	[3] Neither agree nor disagree	9%	6%	4%	4%
	[2] Disagree	8%	9%	6%	4%
	[1] Strongly disagree	3%	2%	1%	1%
	Don't know	3%	0%	0%	0%
	[5] Strongly agree	15%	17%	23%	31%
	[4] Agree	53%	54%	54%	53%
	[3] Neither agree nor disagree	15%	17%	12%	10%
	[2] Disagree	10%	11%	10%	6%
	[1] Strongly disagree	2%	1%	1%	1%
	Don't know	7%	0%	1%	0%

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

Strong agreement varies much more across NCI scale than visit frequency

20% scale

Strong agreement varies much more across NCI 16% scale than visit frequency scale

TOP GRO
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GROUP P
DIFFEREN

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11%

-1%

1%

-11%

0%

Strong agreement varies much more across NCI scale 18% than visit frequency scale

					NCI			GROUP PP DIFFERENCE
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%	
Local greenspaces are easy to get into and around	[5] Strongly agree	31%	15%	23%	27%	42%	51%	36%
	[4] Agree	56%	61%	66%	63%	49%	43%	
	[3] Neither agree nor disagree	6%	14%	6%	6%	2%	3%	
	[2] Disagree	4%	7%	4%	3%	3%	3%	
	[1] Strongly disagree	1%	1%	0%	1%	2%	0%	
	Don't know	1%	3%	1%	0%	0%	0%	
Whether have a garden	I have access to a private garden	79%	73%	84%	80%	76%	81%	8%
	I have access to a private communal garden	5%	5%	3%	5%	8%	4%	-1%
	I have access to a private outdoor space but not a garden (balcony, yard, patio area)	4%	4%	3%	3%	6%	4%	0%
	I don't have access to a garden	12%	18%	10%	12%	10%	11%	-7%
	NONE/DON'T KNOW	0%	0%	0%	0%	0%	0%	0%

	NEVER	LESS OFTEN	ONE OR TWICE A MONTH	THAN ONCE A WEEK
[5] Strongly agree	19%	20%	30%	37%
[4] Agree	56%	65%	60%	57%
[3] Neither agree nor disagree	11%	8%	5%	4%
[2] Disagree	6%	5%	4%	2%
[1] Strongly disagree	2%	1%	1%	0%
Don't know	5%	0%	0%	0%
I have access to a private garden	71%	75%	77%	82%
I have access to a private communal garden	5%	6%	5%	4%
I have access to a private outdoor space but not a garden (balcony, yard, patio area)	3%	4%	4%	4%
I don't have access to a garden	21%	15%	14%	10%
NONE/DON'T KNOW	0%	0%	0%	0%
	[3] Neither agree nor disagree [2] Disagree [1] Strongly disagree Don't know I have access to a private garden I have access to a private communal garden I have access to a private outdoor space but not a garden (balcony, yard, patio area) I don't have access to a garden	[3] Neither agree nor disagree 11% [2] Disagree 6% [1] Strongly disagree 2% Don't know 5% I have access to a private garden 71% I have access to a private communal garden 5% I have access to a private outdoor space but not a garden (balcony, yard, patio area) I don't have access to a garden (balcony, yard, patio area) I don't have access to a garden (balcony, yard, patio area)	[3] Neither agree nor disagree 11% 8% [2] Disagree 6% 5% [1] Strongly disagree 2% 1% Don't know 5% 0% I have access to a private garden 71% 75% I have access to a private communal garden 5% 6% I have access to a private outdoor space but not a garden (balcony, yard, patio area) I don't have access to a garden (balcony, yard, patio area) I don't have access to a garden (balcony, Yard, patio area) I don't have access to a garden (balcony, Yard, patio area)	S6% 65% 60%

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31%

30% -4%

33%

26% -3% 0%

16%

22%31%31%14%43%36%

36%

19%

NCI

		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
#	BASE						
ATTITUDES TO GARDEN	My garden is an important place to me	47%	25%	43%	46%	61%	56%
	I like spending time in my garden	56%	35%	56%	56%	69%	65%
	I don't like my garden	3%	5%	4%	2%	3%	1%
	I enjoy gardening	42%	22%	38%	44%	51%	55%
	I like to grow fruit, vegetables or herbs in my garden	25%	11%	16%	26%	36%	36%
	My garden is too small	15%	15%	16%	15%	19%	12%
	My garden is too large	5%	5%	4%	3%	6%	5%
	My garden is a place where children can play	32%	22%	33%	31%	34%	39%
	I enjoy my garden because it is private	48%	36%	45%	45%	56%	58%
	I enjoy the trees in my garden	30%	14%	20%	30%	39%	45%
	I enjoy the grass\plants in my garden	40%	24%	30%	42%	49%	56%
	I enjoy the pond\water features in my garden	10%	4%	10%	9%	10%	18%
	I enjoy feeding birds in my garden	37%	14%	33%	34%	48%	57%
	I encourage wildlife in my garden	36%	16%	25%	38%	50%	51%
	I enjoy the wildlife in my garden	37%	17%	31%	37%	47%	52%
	I enjoy my garden because of its views (e.g. of land, sky, water)	18%	9%	11%	19%	21%	28%

VISIT FREQUENCY

	NEVER	LESS OFTEN	WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
My garden is an important place to me	40%	43%	47%	55%
I like spending time in my garden	52%	50%	58%	66%
I don't like my garden	2%	5%	3%	3%
I enjoy gardening	40%	39%	44%	46%
I like to grow fruit, vegetables or herbs in my garden	20%	18%	26%	31%
My garden is too small	10%	16%	17%	17%
My garden is too large	11%	5%	5%	3%
My garden is a place where children can play	23%	26%	34%	37%
I enjoy my garden because it is private	45%	45%	47%	52%
I enjoy the trees in my garden	31%	26%	29%	36%
I enjoy the grass\plants in my garden	38%	33%	41%	48%
I enjoy the pond\water features in my garden	8%	10%	10%	13%
I enjoy feeding birds in my garden	33%	34%	34%	42%
I encourage wildlife in my garden	34%	27%	35%	44%
I enjoy the wildlife in my garden	34%	34%	37%	44%
I enjoy my garden because of its views (e.g. of land, sky, water)	16%	16%	17%	20%

TOP GROUP
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GROUP PP
DIFFERENCE

E Notes

0%	Importance of garden varies
15%	much more across NCI scale than visit frequency scale Enjoyment of garden varies much more across NCI scale
15%	than visit frequency scale
1%	
6%	Enjoyment of gardening varies much more across NCI scale than visit frequency scale Enjoyment of gardening varies
11%	much more across NCI scale than visit frequency scale
7%	
-8%	
13%	Enjoyment of garden varies much more across NCI scale than visit frequency scale Enjoyment of garden varies
7%	much more across NCI scale than visit frequency scale
6%	
11%	
5%	
9%	For a second of the second of
10%	Encouraging wildlife varies more by NCI than visit frequency Enjoying wildlife in garden
10%	varies more by NCI than visit frequency

TOP GROUP TO BOTTOM GROUP PP DIFFERENCE

15%

VISIT FREQUENCY

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

					NCI		
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
	BASE						
ONS WELLBEING QUESTION 1: Overall how satisfied are you with life nowadays?	0- Not at all satisfied	1%	0%	1%	1%	0%	1%
	1	0%	1%	0%	0%	0%	0%
	2	1%	3%	2%	1%	1%	0%
	3	1%	2%	1%	0%	2%	0%
	4	2%	4%	2%	3%	2%	2%
	5	10%	15%	10%	10%	7%	9%
	6	10%	12%	10%	8%	12%	8%
	7	17%	13%	23%	19%	17%	13%
	8	27%	28%	31%	25%	25%	25%
	9	12%	8%	10%	15%	15%	13%
	10 - Completely satisfied	18%	14%	10%	17%	17%	29%
	DK	0%	0%	0%	0%	0%	0%

VIOIT I REQUERTO					
E	Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
(0- Not at all satisfied				
		2%	0%	1%	1%
-	1	1%	1%	0%	0%
2	2	2%	1%	1%	1%
3	3	2%	2%	1%	2%
4	4	3%	4%	2%	2%
ţ	5	15%	11%	9%	8%
6	6	9%	9%	10%	7%
7	7	14%	16%	20%	19%
8	3	21%	27%	30%	26%
(9	12%	10%	11%	15%
	10 - Completely satisfied	19%	19%	15%	19%
[DK .	0%	0%	0%	0%

Life satisfaction varies more by NCI than visit frequency

TOP GROUP TO BOTTOM GROUP PP DIFFERENCE

25%

NCI

VISIT FREQUENCY

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
ONS WELLBEING QUESTION 2: Overall to what extent do you feel that the things you do in your life are worthwhile?	0- Not at all worthwhile	0%	0%	0%	1%	0%	0%
	1	0%	1%	0%	1%	0%	0%
	2	1%	1%	2%	0%	1%	0%
	3	2%	3%	2%	1%	2%	0%
	4	2%	4%	3%	1%	1%	1%
	5	9%	14%	8%	8%	9%	6%
	6	8%	13%	8%	7%	7%	7%
	7	18%	18%	24%	21%	17%	12%
	8	24%	23%	26%	28%	23%	21%
	9	14%	9%	12%	16%	16%	15%
	10 - Completely worthwhile	21%	14%	15%	16%	24%	39%
	DK	0%	0%	0%	0%	0%	0%

NCI	Bottom 20%		LESS	ONCE A WEEK/ ONE OR TWICE A	MORE THAN ONCE A
		NEVER	OFTEN	MONTH	WEEK
	0- Not at all worthwhile	1%	0%	0%	0%
	1	1%	0%	0%	0%
	2	2%	0%	1%	0%
	3	2%	2%	2%	1%
	4	4%	3%	2%	1%
	5	13%	12%	9%	7%
	6	10%	8%	9%	8%
	7	14%	16%	20%	16%
	8	19%	28%	26%	27%
	9	11%	10%	12%	15%
	10 - Completely worthwhile	22%	20%	20%	24%
	DK	0%	0%	0%	0%

Feeling things do in life are worthwhile varies more by NCI 1% than visit frequency

NCI

TOP GROUP TO BOTTOM GROUP PP DIFFERENCE

19%

VISIT FREQUENCY

TOP GROUP
TO BOTTOM
GROUP PP
DIFFERENCE Notes

ONS WELLBEING	0- Not at all happy	TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%
QUESTION 3: Overall, how happy did you feel yesterday?	o not at an nappy	2%	2%	1%	2%	2%	2%
	1	1%	2%	0%	1%	1%	1%
	2	2%	5%	2%	1%	2%	1%
	3	2%	3%	3%	2%	2%	1%
	4	4%	6%	5%	5%	5%	2%
	5	10%	13%	10%	8%	9%	11%
	6	7%	12%	7%	6%	8%	5%
	7	13%	11%	18%	16%	11%	11%
	8	23%	24%	30%	23%	21%	17%
	9	15%	8%	15%	17%	18%	16%
	10 - Completely happy	20%	14%	10%	22%	22%	33%
	DK	0%	0%	0%	0%	0%	0%

	VIOIT I REQUERTO				
1	Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK
	0- Not at all happy				
		4%	2%	2%	1%
	1	2%	1%	1%	0%
	2	4%	1%	2%	2%
	3	3%	2%	2%	2%
	4	6%	3%	3%	4%
	5	13%	12%	9%	8%
	6	8%	7%	8%	7%
	7	13%	11%	15%	12%
	8	22%	25%	24%	23%
	9	9%	12%	15%	16%
	10 - Completely happy	18%	24%	20%	24%
	DK	0%	0%	0%	0%

Happiness yesterday varies 6% more by NCI than visit frequency

TOP GRO
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CE		
	NCI	Bottom 20%
6%		0- Not at all ar
		1
		2
		3
		4
		5
		6
		7
		8
		9
		10 - Complete anxious
		DK
		Rural

	TOF	G	RO	UF
	ТΟ	BO	TT	ON
(GRO	DUI	P	Р
	DIF	FEF	REN	VC.

CE Notes

Bottom 20%	NEVER	LESS OFTEN	ONCE A WEEK/ ONE OR TWICE A MONTH	MORE THAN ONCE A WEEK	
0- Not at all anxious					
	37%	45%	46%	50%	13%
1	8%	7%	7%	9%	
2	10%	11%	11%	10%	
3	7%	6%	7%	5%	
4	7%	4%	5%	4%	
5	10%	10%	9%	8%	
6	4%	5%	3%	3%	
7	5%	4%	4%	5%	
8	6%	5%	4%	2%	
9	2%	1%	1%	2%	
10 - Completely anxious	5%	2%	1%	2%	
DK	0%	0%	0%	0%	
Rural	4%	3%	3%	5%	1%
Town & Fringe	8%	7%	9%	10%	3%
Urban	89%	89%	87%	84%	-5%
Not classified	0%	0%	1%	0%	

VISIT FREQUENCY

			NCI						
		TOTAL	Bottom 20%	21% to 40%	41% to 60%	61% to 80%	TOP 20%		
ONS WELLBEING QUESTION 4: Overall how anxious did you feel yesterday?	0- Not at all anxious	45%	36%	46%	45%	49%	52%		
	1	9%	6%	9%	10%	9%	10%		

0%

6%

9%

84%

1%

DK

Rural

Urban

Town & Fringe

Not classified

Urbanisation

xious did you sterday?		45%	36%	46%	45%	49%	52%	16%
	1	9%	6%	9%	10%	9%	10%	
	2	12%	15%	14%	14%	10%	7%	
	3	6%	10%	7%	5%	5%	3%	
	4	5%	8%	3%	5%	4%	3%	
	5	9%	11%	9%	7%	7%	10%	
	6	3%	3%	4%	2%	2%	4%	
	7	4%	3%	5%	5%	5%	4%	
	8	3%	3%	2%	3%	5%	4%	
	9	2%	3%	0%	2%	2%	1%	
	10 - Completely anxious	2%	2%	1%	2%	3%	3%	

0%

3%

8%

89%

0%

0%

6%

10%

84%

0%

0%

7%

6%

86%

0%

0%

7%

13%

80%

1%

0%

6%

8%

84%

2%

3%

1%

-5%