Appendix 3 to the commissioned report: Monitor of Engagement with the Natural Environment Survey: developing a method to measure nature connection across the English population (adults and children) (NECR233)

## Data profiling the population by Nature Connection Index and visit frequency

The tables on the following pages provide some additional results to accompany the Monitor of Engagement with the Natural Environment Report NECR233
NCI pen portraits - indices are used to highlight traits of those in either the bottom or top $20 \%$ of the population when classified by the Nature Connection Index. The indices are based on a comparison of the profile of each group against the total population e.g. an index of 100 means the group's profile for an attribute matches the total population while an index of 200 means that members of the group are twice as likely to be in a particular demographic group or exhibit a particular behaviour etc. Colours are used to highlight variations. Commentary on right hand side summarises key differences between the bottom and top groups.

NCI versus Visit Frequency - a cross tabulation of key MENE results regarding various measures including attitudes to the natural environment by either NCl or Visit Frequency. This includes a comparison of the size of difference between the 'top' and 'bottom' groups when using NCl or visit frequency, and notes are included to highlight points of interest - where NCI showed a larger difference between the 'top' and 'bottom' groups than seen for Visit Frequency, the note on the right-hand side is coloured in blue.

| BOTTOM |  |  |  |
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|  | TOP |  |  |
|  | TOTAL | Bottom <br> $\mathbf{2 0 \%}$ | TOP 20\% |
| BASE |  | Mean | Mean |
| Average number of times spent out of <br> doors away from home, over the last 12 <br> months |  |  |  |
| More than once per day | 100 | 51 | 188 |
| Every day | 100 | 69 | 162 |
| Several times a week | 100 | 72 | 98 |
| Once a week | 100 | 84 | 84 |
| Once or twice a month | 100 | 131 | 81 |
| Once every 2-3 months | 100 | 108 | 100 |
| Once or twice | 100 | 123 | 90 |
| Never | 100 | 146 | 107 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
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|  |  |  |
|  |  | Most likely to take visits <br> every day |
| Most likely to take visits <br> once or twice a year or never |  |  |
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|  | BOTTOM TOP |  |  |
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|  | TOTAL | $\begin{gathered} \hline \text { Bottom } \\ 20 \% \\ \hline \end{gathered}$ | TOP 20\% |
|  | \% | Mean | Mean |
| BASE |  |  |  |
| Extent of agreement about environmental attitudes - Spending time out of doors (including my own garden) is an important part of my life |  |  |  |
| [5] Strongly agree | 100 | 29 | 164 |
| [4] Agree | 100 | 104 | 72 |
| [3] Neither agree nor disagree | 100 | 274 | 22 |
| [2] Disagree | 100 | 314 | 9 |
| [1] Strongly disagree | 100 | 140 | 73 |
| Extent of agreement about environmental attitudes - I am concerned about damage to the natural environment |  |  |  |
| [5] Strongly agree | 100 | 34 | 172 |
| [4] Agree | 100 | 104 | 70 |
| [3] Neither agree nor disagree | 100 | 251 | 50 |
| [2] Disagree | 100 | 226 | 28 |
| [1] Strongly disagree | 100 | 285 |  |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
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| Much more likely to disagree |  | More likely to agree |
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|  |  | More likely to agree |
| Much more likely to disagree |  |  |
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|  | BOTTOM TOP |  |  |
| :---: | :---: | :---: | :---: |
|  | TOTAL | $\begin{gathered} \hline \text { Bottom } \\ 20 \% \end{gathered}$ | TOP 20\% |
| Extent of agreement about environmental attitudes - There are many natural places I may never visit but I am glad they exist |  |  |  |
| [5] Strongly agree | 100 | 42 | 137 |
| [4] Agree | 100 | 129 | 76 |
| [3] Neither agree nor disagree | 100 | 276 | 48 |
| [2] Disagree | 100 | 293 | 51 |
| [1] Strongly disagree | 100 | 209 | 73 |
| [5] Strongly agree | 100 | 38 | 142 |
| [4] Agree | 100 | 131 | 69 |
| [3] Neither agree nor disagree | 100 | 364 | 9 |
| [2] Disagree | 100 | 266 | 23 |
| [1] Strongly disagree | 100 | 163 | 85 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
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|  |  |  |
| Much more likely to disagree |  | More likely to agree |
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| Much more likely to disagree |  |  |
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| BOTTOM |  |  | TOP |
| :--- | :--- | :--- | :--- |
|  | TOTAL | Bottom <br> $\mathbf{2 0 \%}$ | TOP 20\% |
| ACTIVITIES NORMALLY UNDERTAKEN |  | Mean | Mean |
| Watching or listening to nature programmes on <br> the TV or radio | 100 | 64 | 112 |
| Looking at books, photos or websites about the <br> natural world | 100 | 40 | 132 |
| Looking at natural scenery from indoors or <br> whilst on journeys | 100 | 58 | 119 |
| Sitting or relaxing in a garden | 100 | 68 | 111 |
| Gardening | 100 | 58 | 123 |
| Watching wildlife (including bird watching) | 100 | 44 | 152 |
| Choosing to walk through local parks or green <br> spaces on my way to other places | 100 | 61 | 126 |
| Doing unpaid voluntary work out of doors | 100 | 41 | 128 |
| None of these | 100 | 251 | 60 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
| :--- | :--- | :--- |
|  |  |  |
|  |  | More likely to take part <br> in nature based <br> activities |
| undertake any activities |  |  |$\quad$|  |  |
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|  | TOP |  |  |
|  | $\%$ | Mottom <br> Mean | TOP 20\% |
| PRO-ENVIRONMENTAL BEHAVIOURS |  |  | Mean |
| I usually recycle items rather than throw them <br> away | 100 | 84 | 109 |
| I usually buy eco-friendly products and brands | 100 | 51 | 125 |
| I usually buy seasonal or locally grown food | 100 | 52 | 121 |
| I choose to walk or cycle instead of using my <br> car when I can | 100 | 70 | 114 |
| I encourage other people to protect the <br> environment | 100 | 31 | 145 |
| I am a member of an environmental or <br> conservation organisation | 100 | 36 | 143 |
| I volunteer to help care for the environment | 100 | 28 | 161 |
| I donate money at least once every three <br> months to support an environmental or <br> conservation organisation | 100 | 37 | 163 |
| I donate my time at least once every three <br> months to an environmental or conservation <br> organisation | 100 | 61 | 128 |
| I have signed a conservation petition or <br> participated in an onlinelother conservation <br> campaign | 100 | 31 | 147 |
| None of these | 100 | 203 | 69 |


| PEN PORTRAIT INTERPRETATION |  |  |
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| BOTTOM | MID | TOP |
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|  |  | More likely to encourage people <br> to protect the environment, and <br> to take part in pro- <br> undertake to any <br> environmental activities |
| activities |  |  |$\quad$|  |  |  |
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|  | TOP |  |  |
|  | TOTAL | Bottom <br> $\mathbf{2 0 \%}$ | TOP 20\% |
| CHANGES IN LIFESTYLE |  | Mean | Mean |
| I like my lifestyle the way it is and am not likely <br> to change it |  |  |  |
| I'd like to make changes to my lifestyle but I <br> don't know what to do | 100 | 112 | 101 |
| I'd like to make changes to my lifestyle but it's <br> too difficult | 100 | 135 | 44 |
| I'd make changes to my lifestyle if I knew other <br> people were willing to make changes | 100 | 73 | 60 |
| I intend to make changes to my lifestyle | 100 | 80 | 95 |
| I already do a lot to protect the environment so <br> it would be difficult to do more | 100 | 58 | 134 |
| Don't know | 100 | 172 | 86 |
| WHETHER HAVE A GARDEN |  |  | 99 |
| I have access to a private garden | 100 | 93 | 103 |
| I have access to a private communal garden | 100 | 101 | 73 |
| I have access to a private outdoor space but <br> not a garden (balcony, yard, patio area) | 100 | 105 | 100 |
| I don" have access to a garden | 100 | 144 | 90 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
| :--- | :--- | :--- |
|  |  |  |
|  |  | More likely to say <br> already do a lot and <br> difficult to change |
| More likely to be happy with <br> lifestyle and not likely to <br> change, or to say changing <br> lifestyle is too difficult |  |  |
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| Less likely to have access to <br> a garden |  |  |
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| BOTTOM |  |  |  |
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|  | TOTAL |  |  |
|  | Bottom <br> 20\% | TOP 20\% |  |
| ATTITUDES TO GARDEN |  |  | Mean |
| My garden is an important place to me | 100 | 54 | 121 |
| I like spending time in my garden | 100 | 62 | 115 |
| I don't like my garden | 100 | 164 | 29 |
| I enjoy gardening | 100 | 52 | 130 |
| I like to grow fruit, vegetables or herbs in my <br> garden | 100 | 42 | 145 |
| My garden is too small | 100 | 99 | 78 |
| My garden is too large | 100 | 110 | 107 |
| My garden is a place where children can play | 100 | 70 | 120 |
| I enjoy my garden because it is private | 100 | 75 | 120 |
| I enjoy the trees in my garden | 100 | 48 | 152 |
| I enjoy the grasslplants in my garden | 100 | 60 | 137 |
| I enjoy the pondlwater features in my garden | 100 | 40 | 171 |
| I enjoy feeding birds in my garden | 100 | 38 | 153 |
| I encourage wildlife in my garden | 100 | 43 | 141 |
| I enjoy the wildlife in my garden | 100 | 45 | 142 |
| I enjoy my garden because of its views (e.g. of <br> land, sky, water) | 100 | 52 | 159 |
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PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
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|  |  |  |
|  |  | More likely to agree <br> with positive <br> statements re. <br> enjoyment and <br> encouraging wildlife. |
| like their garden, less likely <br> to agree with most other <br> statements. |  |  |
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|  | TOTAL | Bottom 20\% | TOP 20\% |
|  | \% | Mean | Mean |
| AGE |  |  |  |
| 16-24 |  |  |  |
|  | 100 | 155 | 47 |
| 25-34 |  |  |  |
|  | 100 | 138 | 92 |
| 35-44 |  |  |  |
|  | 100 | 86 | 108 |
| 45-54 |  |  |  |
|  | 100 | 81 | 97 |
| 55-64 |  |  |  |
|  | 100 | 67 | 159 |
| 65+ |  |  |  |
|  | 100 | 72 | 108 |
| GENDER |  |  |  |
| Male |  |  |  |
|  | 100 | 114 | 99 |
| Female |  |  |  |
|  | 100 | 87 | 101 |
| ETHNICITY |  |  |  |
| BAME |  |  |  |
|  | 100 | 98 | 100 |
| Non-BAME |  |  |  |
|  | 100 | 110 | 99 |
| LONG TERM ILLNESS OR DISABILITY |  |  |  |
| Yes |  |  |  |
|  | 100 | 83 | 109 |
| No |  |  |  |
|  | 100 | 105 | 97 |
| SOCIAL GRADE |  |  |  |
| AB |  |  |  |
|  | 100 | 89 | 91 |
| C1 |  |  |  |
|  | 100 | 92 | 95 |
| C2 |  |  |  |
|  | 100 | 88 | 116 |
| DE | 100 | 119 | 99 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
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|  |  | More likely to be 55-64 |
| More likely to be <br> under 35 |  |  |
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|  | BOTTOM TOP |  |  | PEN PORTRAIT INTERPRETATION |  |  |
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|  | TOTAL | $\begin{gathered} \text { Bottom } \\ 20 \% \\ \hline \end{gathered}$ | TOP 20\% | BOTTOM | MID | TOP |
|  | \% | Mean | Mean |  |  |  |
| BASE |  |  |  |  |  |  |
| LIFESTAGE |  |  |  |  |  |  |
| Young Independent | 100 | 162 | 62 | More likely to be Young Independent (16-34, no children in household) |  | More likely to be Empty Nester (55+, no kids) |
| Older Independent | 100 | 90 | 103 |  |  |  |
| Family | 100 | 102 | 97 |  |  |  |
| Empty Nester | 100 | 69 | 121 |  |  |  |
| CHILDREN IN HOUSEHOLD |  |  |  |  |  |  |
| Any children in household | 100 | 100 | 98 |  |  |  |
| No children in household | 100 | 100 | 101 |  |  |  |
| DOG OWNERSHIP |  |  |  |  |  |  |
| Own a dog | 100 | 105 | 107 |  |  |  |
| Do not own a dog | 100 | 98 | 98 |  |  |  |
| SELF REPORTED HEALTH |  |  |  |  |  |  |
| Very good | 100 | 79 | 109 |  |  |  |
| Good | 100 | 107 | 92 |  |  |  |
| Fair | 100 | 102 | 103 |  |  |  |
| Bad | 100 | 127 | 93 |  |  |  |
| Very bad | 100 | 188 | 157 |  |  |  |
| Don't know | 100 |  |  |  |  |  |


| BOTTOM |  |  |  |
| :--- | :--- | :--- | :--- |
|  | TOP |  |  |
|  | TOTAL | Bottom <br> $\mathbf{2 0 \%}$ | TOP 20\% |
| BASE |  | Mean | Mean |
| ONS WELLBEING QUESTION 1: Overall <br> how satisfied are you with life nowadays? |  |  |  |
| 0- Not at all satisfied | 100 | 54 | 114 |
| 1 | 100 | 244 | 128 |
| 2 | 100 | 217 |  |
| 3 | 100 | 174 |  |
| 4 | 100 | 153 | 80 |
| 5 | 100 | 149 | 86 |
| 6 | 100 | 117 | 79 |
| 7 | 100 | 77 | 78 |
| 8 | 100 | 103 | 95 |
| 9 | 100 | 67 | 102 |
| 10 - Completely satisfied | 100 | 81 | 164 |


| PEN PORTRAIT INTERPRETATION |  |  |
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|  |  | More likely to score 10 |
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|  | More likely to score 1 |  |
| or |  |  |$\quad$|  |  |
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| BOTTOM |  |  |  |
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|  | TOP |  |  |
|  | TOTAL | Bottom <br> $\mathbf{2 0 \%}$ | TOP 20\% <br> Mean |
| ONS WELLBEING QUESTION 2: Overall to <br> what extent do you feel that the things you <br> do in your life are worthwhile? |  |  |  |
| 0- Not at all worthwhile | 100 | 81 |  |
| 1 | 100 | 244 |  |
| 2 | 100 | 133 |  |
| 3 | 100 | 220 |  |
| 4 | 100 | 199 | 38 |
| 5 | 100 | 159 | 61 |
| 6 | 100 | 155 | 81 |
| 7 | 100 | 97 | 65 |
| 8 | 100 | 93 | 88 |
| 9 | 100 | 66 | 110 |
| 10 - Completely worthwhile | 100 | 64 | 183 |

PEN PORTRAIT INTERPRETATION

| PEN PORTRAIT INTERPRETATION |  |  |
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|  | TOP |  |  |
|  | Bottom <br> 20\% |  | TOP 20\% |
| ONS WELLBEING QUESTION 3: Overall, <br> how happy did you feel yesterday? |  | Mean | Mean |
| 0- Not at all happy | 100 | 127 |  |
| 1 | 100 | 225 | 79 |
| 2 | 100 | 253 | 38 |
| 3 | 100 | 140 | 55 |
| 4 | 100 | 133 | 37 |
| 5 | 100 | 129 | 112 |
| 6 | 100 | 156 | 63 |
| 7 | 100 | 80 | 84 |
| 8 | 100 | 105 | 76 |
| 9 | 100 | 56 | 107 |
| $10-$ Completely happy | 100 | 68 | 165 |

PEN PORTRAIT INTERPRETATION

| BOTTOM | MID | TOP |
| :--- | :--- | :--- |
|  |  |  |
|  |  | Most likely to score 10 |
| Most likely to score 1 <br> or 2 |  |  |
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|  | TOTAL | Bottom <br> 00\% | TOP 20\% |
| ONS WELLBEING QUESTION 4: Overall <br> how anxious did you feel yesterday? | \% | Mean | Mean |
| 0- Not at all anxious | 100 | 79 | 114 |
| 1 | 100 | 64 | 117 |
| 2 | 100 | 131 | 57 |
| 3 | 100 | 165 | 53 |
| 4 | 100 | 174 | 61 |
| 5 | 100 | 120 | 117 |
| 6 | 100 | 110 | 115 |
| 7 | 100 | 67 | 97 |
| 8 | 100 | 89 | 105 |
| 9 | 100 | 200 | 46 |
| $10-$ Completely anxious | 100 | 94 | 138 |


| PEN PORTRAIT INTERPRETATION |  |  |
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| BOTTOM | MID | TOP |
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## Comparing NCI and visit frequency

## NCI versus Visit Frequency

| NCI |  |  |  |  |  |  |  |
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| NCI |  | VISIT FREQUENCY |  |  |  | TOP GROUP то BOTTOM GROUP PF DIFFERENCE | Notes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE ONCE A WEEK |  |  |
|  |  | 30\% | 24\% | 22\% | 14\% |  |  |
|  | 21\% to 40\% | 18\% | 21\% | 21\% | 18\% |  |  |
|  | 41\% to 60\% | 21\% | 22\% | 22\% | 16\% |  |  |
|  | 61\% to 80\% | 10\% | 14\% | 20\% | 27\% |  |  |
|  | 81\% to $100 \%$ | 21\% | 18\% | 16\% | 25\% |  |  |
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| NCI | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE <br> THAN <br> ONCE A <br> WEEK |
|  | [5] Strongly agree | 25\% | 27\% | 37\% | 53\% |
|  | [4] Agree | 44\% | 48\% | 51\% | 43\% |
|  | [3] Neither agree nor disagree | 15\% | 15\% | 7\% | 3\% |
|  | [2] Disagree | 12\% | 8\% | 4\% | 2\% |
|  | [1] Strongly disagree | 5\% | 1\% | 1\% | 0\% |
|  | Don't know | 0\% | 0\% | 0\% | 0\% |
|  | [5] Strongly agree | 28\% | 28\% | 33\% | 39\% |
|  | [4] Agree | 47\% | 54\% | 54\% | 50\% |
|  | [3] Neither agree nor disagree | 16\% | 13\% | 8\% | 6\% |
|  | [2] Disagree | 7\% | 4\% | 4\% | 4\% |
|  | [1] Strongly disagree | 2\% | 2\% | 1\% | 1\% |
|  | Don't know | 0\% | 0\% | 0\% | 0\% |

Strong agreement varies much more across NCI sca

Strong agreement varies much more across NCI scale


| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{aligned} & \text { Bottom } \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { 41\% to } \\ & 60 \% \end{aligned}$ | $\begin{aligned} & 61 \% \text { to } \\ & 80 \% \end{aligned}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
| ACTIVITIES | BASE |  |  |  |  |  |  |
|  | Watching or listening to nature programmes on the TV or radio | 51\% | 32\% | 48\% | 53\% | 65\% | 57\% |
|  | Looking at books, photos or websites about the natural world | 33\% | 13\% | 31\% | 33\% | 44\% | 43\% |
|  | Looking at natural scenery from indoors or whilst on journeys | 46\% | 27\% | 42\% | 46\% | 62\% | 55\% |
|  | Sitting or relaxing in a garden | 61\% | 41\% | 62\% | 69\% | 65\% | 68\% |
|  | Gardening | 49\% | 28\% | 43\% | 54\% | 59\% | 60\% |
|  | Watching wildlife (including bird watching) | 37\% | 16\% | 27\% | 39\% | 48\% | 57\% |
|  | Choosing to walk through local parks or green spaces on my way to other places | 56\% | 34\% | 51\% | 59\% | 66\% | 70\% |
|  | Doing unpaid voluntary work out of doors | 6\% | 3\% | 5\% | 7\% | 10\% | 8\% |
|  | None of these | 9\% | 22\% | 7\% | 6\% | 3\% | 5\% |
|  | Don't know | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |

TOP GROUP TO BOTTOM GIFFERENCE

Participation varies more by NCI than visit frequency

Participation varies more
by NCl than visit frequen

Participation varies more by NCI than visit frequency

Participation varies more
by NCI than visit frequency

Participation varies more by visit frequency than NCl


| NCl | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE <br> THAN <br> ONCE A <br> WEEK |
|  | I usually recycle items rather than throw them away | 55\% | 67\% | 76\% | 82\% |
|  | I usually buy ecofriendly products and brands | 15\% | 18\% | 25\% | 31\% |
|  | I usually buy seasonal or locally grown food | 25\% | 24\% | 33\% | 42\% |
|  | I choose to walk or cycle instead of using my car when I can | 21\% | 31\% | 45\% | 59\% |
|  | I encourage other people to protect the environment | 17\% | 19\% | 26\% | 32\% |
|  | I am a member of an environmental or conservation organisation | 3\% | 4\% | 7\% | 9\% |
|  | I volunteer to help care for the environment | 3\% | 3\% | 5\% | 6\% |
|  | I donate money at least once every three months to support an environmental or conservation organisation | 6\% | 6\% | 8\% | 10\% |
|  | I donate my time at least once every three months to an environmental or conservation organisation | 2\% | 1\% | 2\% | 4\% |
|  | I have signed a conservation petition or participated in an onlinelother conservation campaign | 2\% | 5\% | 8\% | 12\% |
|  | None of these | 33\% | 22\% | 11\% | 6\% |


 

TOP GRTTOM GROUP PP
DIFFERENCE

| NCI | Bottom 20\% | NEVER | LESS OFTEN | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE THAN ONCE A WEEK |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | I like my lifestyle the way it is and am not likely to change it | 39\% | 33\% | 32\% | 33\% |
|  | I'd like to make changes to my lifestyle but I don't know what to do | 4\% | 6\% | 7\% | 6\% |
|  | I'd like to make changes to my lifestyle but it's too difficult | 7\% | 9\% | 8\% | 5\% |
|  | I'd make changes to my lifestyle if I knew other people were willing to make changes | 3\% | 2\% | 4\% | 4\% |
|  | I intend to make changes to my lifestyle | 6\% | 10\% | 15\% | 15\% |
|  | I already do a lot to protect the environment so it would be difficult to do more | 22\% | 23\% | 24\% | 27\% |
|  | Don't know | 21\% | 18\% | 10\% | 9\% |

Notes

| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{gathered} \text { Bottom } \\ 20 \% \\ \hline \end{gathered}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \end{aligned}$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{gathered} 61 \% \text { to } \\ 80 \% \\ \hline \end{gathered}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \\ & \hline \end{aligned}$ |
| Local greenspaces are within easy walking distance | [5] Strongly agree | 32\% | 17\% | 28\% | 27\% | 39\% | 49\% |
|  | [4] Agree | 56\% | 63\% | 60\% | 63\% | 48\% | 43\% |
|  | [3] Neither agree nor disagree | 4\% | 11\% | 4\% | 2\% | 3\% | 1\% |
|  | [2] Disagree | 6\% | 6\% | 5\% | 6\% | 7\% | 4\% |
|  | [1] Strongly disagree | 2\% | 1\% | 2\% | 2\% | 2\% | 3\% |
|  | Don't know | 0\% | 1\% | 1\% | 0\% | 0\% | 0\% |
| Local greenspaces are of a high enough standard to want to spend time there | [5] Strongly agree | 24\% | 10\% | 19\% | 20\% | 32\% | 42\% |
|  | [4] Agree | 53\% | 52\% | 62\% | 61\% | 44\% | 43\% |
|  | [3] Neither agree nor disagree | 12\% | 19\% | 12\% | 12\% | 11\% | 8\% |
|  | [2] Disagree | 8\% | 14\% | 5\% | 5\% | 10\% | 6\% |
|  | [1] Strongly disagree | 2\% | 2\% | 1\% | 2\% | 2\% | 1\% |
|  | Don't know | 1\% | 3\% | 1\% | 0\% | 0\% | 0\% |


| NCI | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTE } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE <br> THAN ONCE A WEEK |
|  | [5] Strongly agree | 19\% | 21\% | 30\% | 39\% |
|  | [4] Agree | 58\% | 61\% | 58\% | 52\% |
|  | [3] Neither agree nor disagree | 9\% | 6\% | 4\% | 4\% |
|  | [2] Disagree | 8\% | 9\% | 6\% | 4\% |
|  | [1] Strongly disagree | 3\% | 2\% | 1\% | 1\% |
|  | Don't know | 3\% | 0\% | 0\% | 0\% |
|  | [5] Strongly agree | 15\% | 17\% | 23\% | 31\% |
|  | [4] Agree | 53\% | 54\% | 54\% | 53\% |
|  | [3] Neither agree nor disagree | 15\% | 17\% | 12\% | 10\% |
|  | ${ }^{[2]}$ Disagree | 10\% | 11\% | 10\% | 6\% |
|  | [1] Strongly disagree | 2\% | 1\% | 1\% | 1\% |
|  | Don't know | 7\% | 0\% | 1\% | 0\% |


| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{gathered} \text { Bottom } \\ 20 \% \end{gathered}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \\ & \hline \end{aligned}$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{gathered} 61 \% \text { to } \\ 80 \% \end{gathered}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
| Local greenspaces are easy to get into and around | [5] Strongly agree | 31\% | 15\% | 23\% | 27\% | 42\% | 51\% |
|  | [4] Agree | 56\% | 61\% | 66\% | 63\% | 49\% | 43\% |
|  | [3] Neither agree nor disagree | 6\% | 14\% | 6\% | 6\% | 2\% | 3\% |
|  | [2] Disagree | 4\% | 7\% | 4\% | 3\% | 3\% | 3\% |
|  | [1] Strongly disagree | 1\% | 1\% | 0\% | 1\% | 2\% | 0\% |
|  | Don't know | 1\% | 3\% | 1\% | 0\% | 0\% | 0\% |
| Whether have a garden | I have access to a private garden | 79\% | 73\% | 84\% | 80\% | 76\% | 81\% |
|  | I have access to a private communal garden | 5\% | 5\% | 3\% | 5\% | 8\% | 4\% |
|  | I have access to a private outdoor space but not a garden (balcony, yard, patio area) | 4\% | 4\% | 3\% | 3\% | 6\% | 4\% |
|  | I don't have access to a garden | 12\% | 18\% | 10\% | 12\% | 10\% | 11\% |
|  | NONE/DON'T KNOW | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |


| NCI | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK ONE OR TWICE A MONTH | MORE ONCE A WEEK |
|  | [5] Strongly agree | 19\% | 20\% | 30\% | 37\% |
|  | [4] Agree | 56\% | 65\% | 60\% | 57\% |
|  | [3] Neither agree nor disagree | 11\% | 8\% | 5\% | 4\% |
|  | [2] Disagree | 6\% | 5\% | 4\% | 2\% |
|  | [1] Strongly disagree | 2\% | 1\% | 1\% | 0\% |
|  | Don't know | 5\% | 0\% | 0\% | 0\% |
|  | I have access to a private garden | 71\% | 75\% | 77\% | 82\% |
|  | I have access to a private communal garden | 5\% | 6\% | 5\% | 4\% |
|  | I have access to a private outdoor space but not a garden (balcony, yard, patio area) | 3\% | 4\% | 4\% | 4\% |
|  | I don't have access to a garden | 21\% | 15\% | 14\% | 10\% |
|  | NONE/DON'T KNOW | 0\% | 0\% | 0\% | 0\% |


| $\mathrm{NCl}$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | Bottom $20 \%$ | $21 \% \text { to }$ $40 \%$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{gathered} 61 \% \text { to } \\ 80 \% \end{gathered}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
| \# | BASE |  |  |  |  |  |  |
| ATTITUDES TO GARDEN | My garden is an important place to me | 47\% | 25\% | 43\% | 46\% | 61\% | 56\% |
|  | I like spending time in my garden | 56\% | 35\% | 56\% | 56\% | 69\% | 65\% |
|  | I don't like my garden | 3\% | 5\% | 4\% | 2\% | 3\% | 1\% |
|  | I enjoy gardening | 42\% | 22\% | 38\% | 44\% | 51\% | 55\% |
|  | I like to grow fruit, vegetables or herbs in my garden | 25\% | 11\% | 16\% | 26\% | 36\% | 36\% |
|  | My garden is too small | 15\% | 15\% | 16\% | 15\% | 19\% | 12\% |
|  | My garden is too large | 5\% | 5\% | 4\% | 3\% | 6\% | 5\% |
|  | My garden is a place where children can play | 32\% | 22\% | 33\% | 31\% | 34\% | 39\% |
|  | I enjoy my garden because it is private | 48\% | 36\% | 45\% | 45\% | 56\% | 58\% |
|  | I enjoy the trees in my garden | 30\% | 14\% | 20\% | 30\% | 39\% | 45\% |
|  | I enjoy the grass \plants in my garden | 40\% | 24\% | 30\% | 42\% | 49\% | 56\% |
|  | I enjoy the pondlwater features in my garden | 10\% | 4\% | 10\% | 9\% | 10\% | 18\% |
|  | I enjoy feeding birds in my garden | 37\% | 14\% | 33\% | 34\% | 48\% | 57\% |
|  | I encourage wildlife in my garden | 36\% | 16\% | 25\% | 38\% | 50\% | 51\% |
|  | I enjoy the wildlife in my garden | 37\% | 17\% | 31\% | 37\% | 47\% | 52\% |
|  | I enjoy my garden because of its views (e.g. of land, sky, water) | 18\% | 9\% | 11\% | 19\% | 21\% | 28\% |

VISIT FREQUENCY

| NCI | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE THAN ONCE A WEEK |
|  | $\begin{aligned} & \text { My garden is an } \\ & \text { important place to me } \end{aligned}$ | 40\% | 43\% | 47\% | 55\% |
|  | I like spending time in my garden | 52\% | 50\% | 58\% | 66\% |
|  | I don't like my garden | 2\% | 5\% | 3\% | 3\% |
|  | I enjoy gardening | 40\% | 39\% | 44\% | 46\% |
|  | I like to grow fruit, vegetables or herbs in my garden | 20\% | 18\% | 26\% | 31\% |
|  | My garden is too small | 10\% | 16\% | 17\% | 17\% |
|  | My garden is too large | 11\% | 5\% | 5\% | 3\% |
|  | My garden is a place where children can play | 23\% | 26\% | 34\% | 37\% |
|  | I enjoy my garden because it is private | 45\% | 45\% | 47\% | 52\% |
|  | I enjoy the trees in my garden | 31\% | 26\% | 29\% | 36\% |
|  | I enjoy the grass $\mid$ plants in my garden | 38\% | 33\% | 41\% | 48\% |
|  | I enjoy the pondlwater features in my garden | 8\% | 10\% | 10\% | 13\% |
|  | I enjoy feeding birds in my garden | 33\% | 34\% | 34\% | 42\% |
|  | I encourage wildlife in my garden | 34\% | 27\% | 35\% | 44\% |
|  | I enjoy the wildlife in my garden | 34\% | 34\% | 37\% | 44\% |
|  | I enjoy my garden because of its views (e.g. of land, sky, water) | 16\% | 16\% | 17\% | 20\% |

Importance of garden varies Enjoyment of garden varies that

Enjoyment of gardening varies
Enjoyment of gardening varies much more across NCI scal

Enjoyment of garden varies
much more across NCI scale
than visit frequency scale
Enjoyment of garden varies
much more across NCI scale than visit frequency scale

Encouraging wild life varies
more by NCI than visit frequen Enjoying wildlife in garden frequency

| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{aligned} & \text { Bottom } \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \end{aligned}$ | $\begin{aligned} & 41 \% \text { to } \\ & 60 \% \end{aligned}$ | $\begin{aligned} & \text { 61\% to } \\ & 80 \% \end{aligned}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
|  | BASE |  |  |  |  |  |  |
| ONS WELLBEING QUESTION 1: Overall how satisfied are you with life nowadays? | 0- Not at all satisfied | 1\% | 0\% | 1\% | 1\% | 0\% | 1\% |
|  | 1 | 0\% | 1\% | 0\% | 0\% | 0\% | 0\% |
|  | 2 | 1\% | 3\% | 2\% | 1\% | 1\% | 0\% |
|  | 3 | 1\% | 2\% | 1\% | 0\% | 2\% | 0\% |
|  | 4 | 2\% | 4\% | 2\% | 3\% | 2\% | 2\% |
|  | 5 | 10\% | 15\% | 10\% | 10\% | 7\% | 9\% |
|  | 6 | 10\% | 12\% | 10\% | 8\% | 12\% | 8\% |
|  | 7 | 17\% | 13\% | 23\% | 19\% | 17\% | 13\% |
|  | 8 | 27\% | 28\% | 31\% | 25\% | 25\% | 25\% |
|  | 9 | 12\% | 8\% | 10\% | 15\% | 15\% | 13\% |
|  | 10 - Completely satisfied | 18\% | 14\% | 10\% | 17\% | 17\% | 29\% |
|  | DK | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |

 GROUP PP
DIFFERENCE

Life satisfaction varies more by
$0 \%$ NCI than visit frequency

| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{gathered} \text { Bottom } \\ 20 \% \end{gathered}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \\ & \hline \end{aligned}$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{gathered} 61 \% \text { to } \\ 80 \% \\ \hline \end{gathered}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
| ONS WELLBEING QUESTION 2: Overall to what extent do you feel that the things you do in your life are worthwhile? | 0 - Not at all worthwhile | 0\% | 0\% | 0\% | 1\% | 0\% | 0\% |
|  | 1 | 0\% | 1\% | 0\% | 1\% | 0\% | 0\% |
|  | 2 | 1\% | 1\% | 2\% | 0\% | 1\% | 0\% |
|  | 3 | 2\% | 3\% | 2\% | 1\% | 2\% | 0\% |
|  | 4 | 2\% | 4\% | 3\% | 1\% | 1\% | 1\% |
|  | 5 | 9\% | 14\% | 8\% | 8\% | 9\% | 6\% |
|  | 6 | 8\% | 13\% | 8\% | 7\% | 7\% | 7\% |
|  | 7 | 18\% | 18\% | 24\% | 21\% | 17\% | 12\% |
|  | 8 | 24\% | 23\% | 26\% | 28\% | 23\% | 21\% |
|  | 9 | 14\% | 9\% | 12\% | 16\% | 16\% | 15\% |
|  | 10 - Completely worthwhile | 21\% | 14\% | 15\% | 16\% | 24\% | 39\% |
|  | DK | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |

OP GROUP
TOP BOTTOM TO BOTTOM
GROUP PP DIFFERENCE
$25 \%$

| NCI | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | LESS OFTEN | ONCE A WEEK ONE OR TWICE A MONTH | MORE <br> THAN ONCE A WEEK |
|  | 0 - Not at all worthwhile | 1\% | 0\% | 0\% | 0\% |
|  | 1 | 1\% | 0\% | 0\% | 0\% |
|  | 2 | 2\% | 0\% | 1\% | 0\% |
|  | 3 | 2\% | 2\% | 2\% | 1\% |
|  | 4 | 4\% | 3\% | 2\% | 1\% |
|  | 5 | 13\% | 12\% | 9\% | 7\% |
|  | 6 | 10\% | 8\% | 9\% | 8\% |
|  | 7 | 14\% | 16\% | 20\% | 16\% |
|  | 8 | 19\% | 28\% | 26\% | 27\% |
|  | 9 | 11\% | 10\% | 12\% | 15\% |
|  | 10-Completely worthwhile | 22\% | 20\% | 20\% | 24\% |
|  | DK | 0\% | 0\% | 0\% | 0\% |


| NCl |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{gathered} \text { Bottom } \\ 20 \% \end{gathered}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \end{aligned}$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{gathered} 61 \% \text { to } \\ 80 \% \\ \hline \end{gathered}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \\ & \hline \end{aligned}$ |
| ONS WELLBEING QUESTION 3: Overall, how happy did you feel yesterday? | 0 - Not at all happy | 2\% | 2\% | 1\% | 2\% | 2\% | 2\% |
|  | 1 | 1\% | 2\% | 0\% | 1\% | 1\% | 1\% |
|  | 2 | 2\% | 5\% | 2\% | 1\% | 2\% | 1\% |
|  | 3 | 2\% | 3\% | 3\% | 2\% | 2\% | 1\% |
|  | 4 | 4\% | 6\% | 5\% | 5\% | 5\% | 2\% |
|  | 5 | 10\% | 13\% | 10\% | 8\% | 9\% | 11\% |
|  | 6 | 7\% | 12\% | 7\% | 6\% | 8\% | 5\% |
|  | 7 | 13\% | 11\% | 18\% | 16\% | 11\% | 11\% |
|  | 8 | 23\% | 24\% | 30\% | 23\% | 21\% | 17\% |
|  | 9 | 15\% | 8\% | 15\% | 17\% | 18\% | 16\% |
|  | 10 - Completely happy | 20\% | 14\% | 10\% | 22\% | 22\% | 33\% |
|  | DK | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |

TOP GROUP TO BOTTOM
GROUP PP GROUP PP
DIFFERENCE

| NCl | VISIT FREQUENCY |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Bottom 20\% | NEVER | $\begin{aligned} & \text { LESS } \\ & \text { OFTEN } \end{aligned}$ | ONCE A WEEK/ ONE OR TWICE A MONTH | MORE <br> THAN ONCE A WEEK |
|  | 0 - Not at all happy | 4\% | 2\% | 2\% | 1\% |
|  | 1 | 2\% | 1\% | 1\% | 0\% |
|  | 2 | 4\% | 1\% | 2\% | 2\% |
|  | 3 | 3\% | 2\% | 2\% | 2\% |
|  | 4 | 6\% | 3\% | 3\% | 4\% |
|  | 5 | 13\% | 12\% | 9\% | 8\% |
|  | 6 | 8\% | 7\% | 8\% | 7\% |
|  | 7 | 13\% | 11\% | 15\% | 12\% |
|  | 8 | 22\% | 25\% | 24\% | 23\% |
|  | 9 | 9\% | 12\% | 15\% | 16\% |
|  | 10 - Completely happy | 18\% | 24\% | 20\% | 24\% |
|  | DK | 0\% | 0\% | 0\% | 0\% |


| $\mathrm{NCl}$ |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | TOTAL | $\begin{aligned} & \text { Bottom } \\ & 20 \% \end{aligned}$ | $\begin{aligned} & 21 \% \text { to } \\ & 40 \% \end{aligned}$ | $\begin{gathered} 41 \% \text { to } \\ 60 \% \\ \hline \end{gathered}$ | $\begin{aligned} & 61 \% \text { to } \\ & 80 \% \end{aligned}$ | $\begin{aligned} & \text { TOP } \\ & \text { 20\% } \end{aligned}$ |
| ONS WELLBEING QUESTION 4: Overall how anxious did you feel yesterday? | 0 - Not at all anxious | 45\% | 36\% | 46\% | 45\% | 49\% | 52\% |
|  | 1 | 9\% | 6\% | 9\% | 10\% | 9\% | 10\% |
|  | 2 | 12\% | 15\% | 14\% | 14\% | 10\% | 7\% |
|  | 3 | 6\% | 10\% | 7\% | 5\% | 5\% | 3\% |
|  | 4 | 5\% | 8\% | 3\% | 5\% | 4\% | 3\% |
|  | 5 | 9\% | 11\% | 9\% | 7\% | 7\% | 10\% |
|  | 6 | 3\% | 3\% | 4\% | 2\% | 2\% | 4\% |
|  | 7 | 4\% | 3\% | 5\% | 5\% | 5\% | 4\% |
|  | 8 | 3\% | 3\% | 2\% | 3\% | 5\% | 4\% |
|  | 9 | 2\% | 3\% | 0\% | 2\% | 2\% | 1\% |
|  | 10-Completely anxious | 2\% | 2\% | 1\% | 2\% | 3\% | 3\% |
|  | DK | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |
| Urbanisation | Rural | 6\% | 3\% | 6\% | 7\% | 7\% | 6\% |
|  | Town \& Fringe | 9\% | 8\% | 10\% | 6\% | 13\% | 8\% |
|  | Urban | 84\% | 89\% | 84\% | 86\% | 80\% | 84\% |
|  | Not classified | 1\% | 0\% | 0\% | 0\% | 1\% | 2\% |


| NCl | Bottom 20\% | NEVER | LESS OFTEN | ONCE A WEEK ONE OR TWICE A MONTH | MORE <br> THAN ONCE A WEEK |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 37\% | 45\% | 46\% | 50\% |
|  | 1 | 8\% | 7\% | 7\% | 9\% |
|  | 2 | 10\% | 11\% | 11\% | 10\% |
|  | 3 | 7\% | 6\% | 7\% | 5\% |
|  | 4 | 7\% | 4\% | 5\% | 4\% |
|  | 5 | 10\% | 10\% | 9\% | 8\% |
|  | 6 | 4\% | 5\% | 3\% | 3\% |
|  | 7 | 5\% | 4\% | 4\% | 5\% |
|  | 8 | 6\% | 5\% | 4\% | 2\% |
|  | 9 | 2\% | 1\% | 1\% | 2\% |
|  | 10 - Completely anxious | 5\% | 2\% | 1\% | 2\% |
|  | DK | 0\% | 0\% | 0\% | 0\% |
|  | Rural | 4\% | 3\% | 3\% | 5\% |
|  | Town \& Fringe | 8\% | 7\% | 9\% | 10\% |
|  | Urban | 89\% | 89\% | 87\% | 84\% |
|  | Not classified | 0\% | 0\% | 1\% | 0\% |

