# Monitor of Engagement with the Natural Environment

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**Natural England** 





## Agenda

- About the survey
- Results from the survey

Key results and emerging trends

Where? Visit destinations What?
A profile of visits

Why? Motivations and barriers

**Local analysis**Drilling down

Accessing and using the results





## **About the survey**





### Background to the survey

- Between 1996 and 2005, a series of surveys were carried out to track participation in leisure day visits. These surveys included 'days out' in the countryside but did not provide detailed information on people's day to day use and enjoyment of the natural environment.
- In 2009 Natural England, Defra and the Forestry Commission commissioned TNS to undertake the Monitor of Engagement with the Natural Environment (MENE).
- The MENE data was designated as Official Statistics so the statistics are collated, analysed and disseminated according to the Code of Practice for Official Statistics.









### What makes MENE different?

- MENE captures information on all visits to the natural environment, including visits to local informal green space which tended to be under-recorded before.
- Because the survey is continuous, it provides more accurate estimates of the volume of visits to the natural environment and changes over time.
- Data is collected at a range of spatial scales (including small areas) and amongst different socioeconomic groups.
- The survey collects origin and destination data for a selection of visits.
- It is also important to understand why people don't visit, so the survey collected this data too.
- The survey collects information on attitudes towards the natural environment.
- The survey collects information on other ways of engaging with the natural environment – such as gardening and watching wildlife.



### How is the MENE data being used to inform policy?

- Used to evaluate the effectiveness of policy interventions on access and green infrastructure and to shape future policy on realising the benefits of access to the countryside and greenspace.
- Major source of evidence for the Biodiversity 2020 outcome on increasing the number of people engaged with biodiversity, aware of its value and taking positive action.
- Used to inform NEWP (Natural Environment White Paper) indicators due for publication later in 2013. This will include indicators measuring local people's ability to access local, quality green spaces, and an indicator to assess children's engagement with the outdoors.
- Used by the Department of Health to inform the Public Health Outcomes
   Framework measure on the proportion of local people using the outdoors for
   health and exercise.



## Survey method

### In-home face to face interviews

- Weekly interviews on an omnibus survey
- Representative of the English adult population

### **Cumulative sample sizes**

- Interviews Years 1 to 3 142,031
- Main visit details collected–160,376 visits
- Full visit details 56,777 visits

### Topics included in the survey

- Volume of visits to the natural environment
- Places visited
- Activities undertaken on visits
- Duration of visits
- Distance travelled on visits



- Transport used on visits
- Reasons for taking visits
- Expenditure during visits
- Other forms of engagement
- Barriers to participation

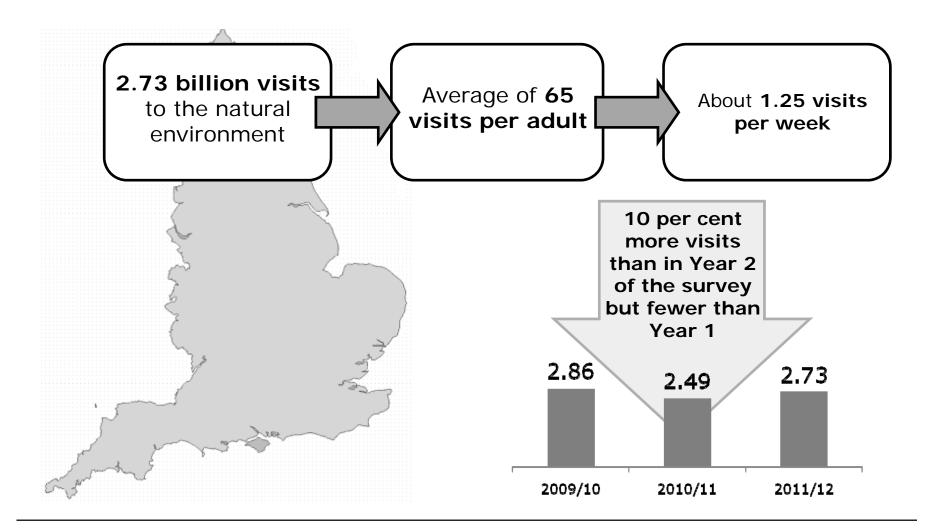


## Key results and emerging trends



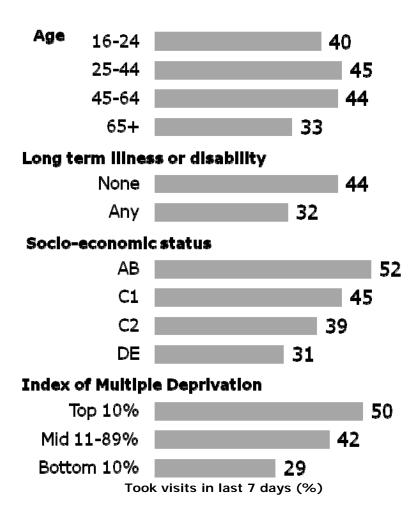


### Annual volume of visits March 2011 to February 2012





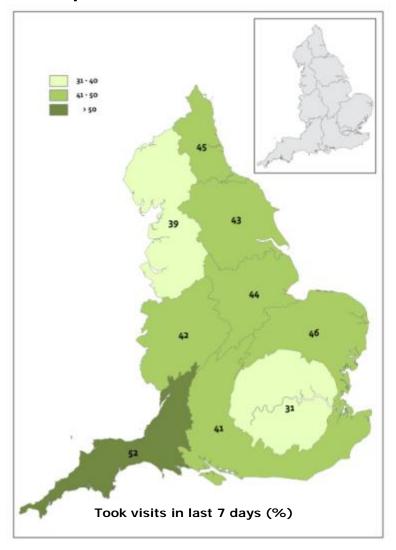
### Participation in the last 7 days



**42%** of the population had taken one or more visits to the natural environment in the 7 days prior to being interviewed – higher than the level recorded in Year 2 (39%) and similar to Year 1 (43%)



### Participation in the last 7 days



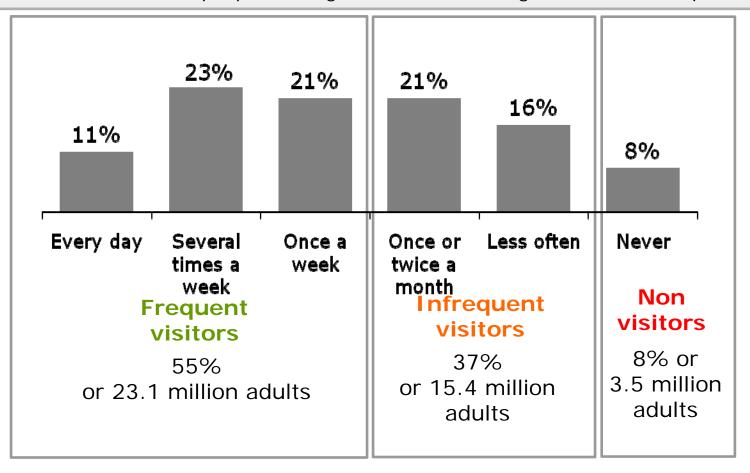
The cartogram to the left distorts the geographical boundaries of each English region according to relative population size. Areas of greater population appear larger - areas of lowest population appear smaller.

Levels of participation were highest in the South West (52 per cent) where population density is lower and lowest in London (31 per cent) where the population density is greatest.



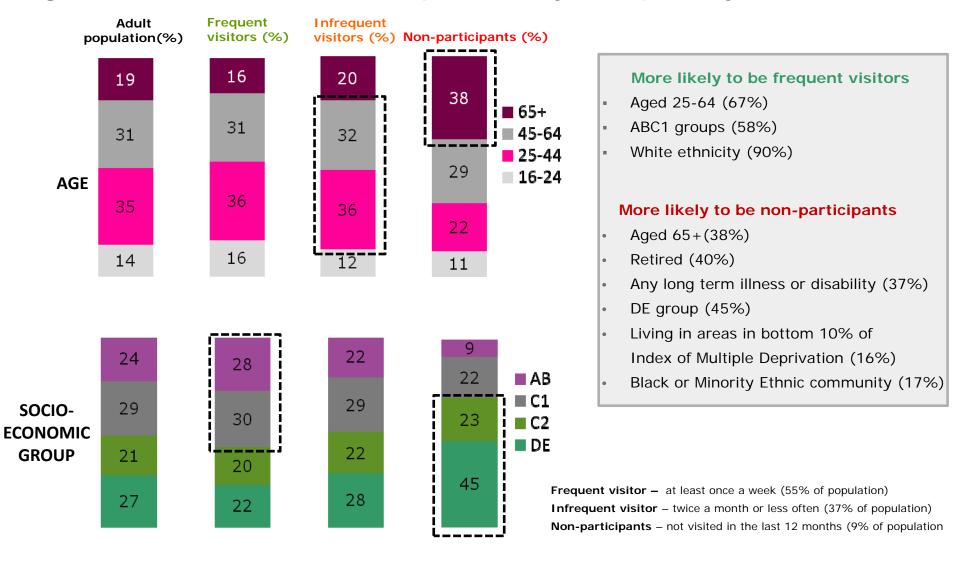
### General levels of engagement

From year 1 to year 3 the proportion of the population stating that they normally visit the outdoors at least once a year increased **from 90% to 92%**. In volume terms this equates to around half a million more people visiting the outdoors during the most recent period.





### Age and socio-economic profile by frequency of visits



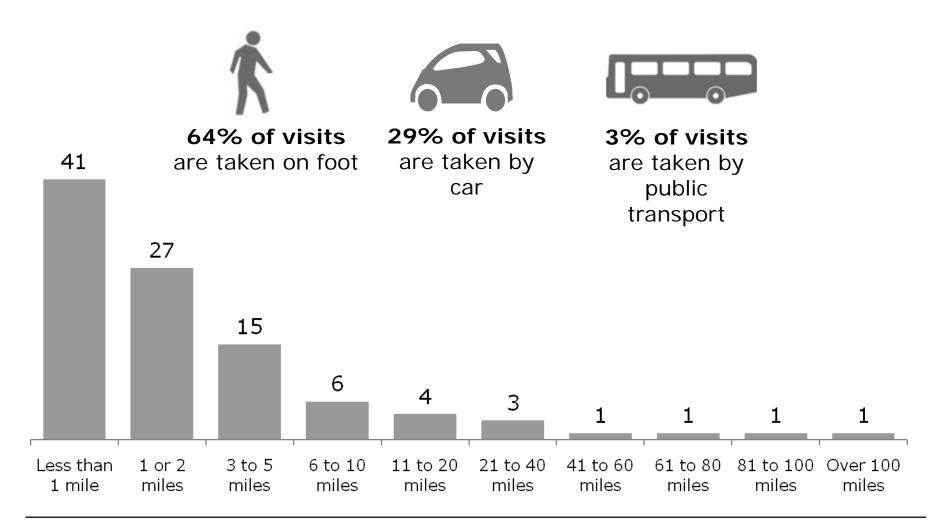


## Where? Visit destinations



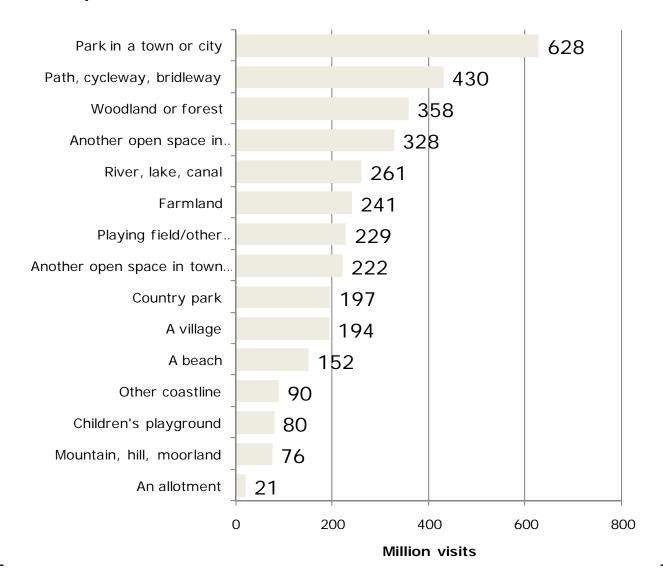


### Distances travelled Most visits are close to home and taken on foot





## Types of place visited – volume of visits





## Types of place visited – changes between years

	Volume of visits (millions)			
	2009/10	2010/11	2011/12	
Park in a town/ city	678	558	628	
Path/ cycleway/ bridleway	369	360	430	
Woodland/ forest	317	326	358	
Another space in the countryside	319	307	328	
River/ lake/ canal	253	232	261	
Farmland	209	233	241	
Playing field/ other recreation area	195	191	229 🗘	
Another open space in a town/ city	226	189	222	
Country park	199	176	197	
Village	176	158	194	
Beach	174	159	152	
Other coastline	98	91	90	
Children's playground	82	76	80	
Mountain/ hill/ moorland	61	64	76	
Allotment/ community garden	17	16	21	
Total	2,858	2,494	2,727	



The volume of visits to **urban** parks, paths and cycleways and playing fields increased significantly between years 2 and 3.

Visits to woodland, farmland and mountains, hills and moorland have increased consistently over the three years.



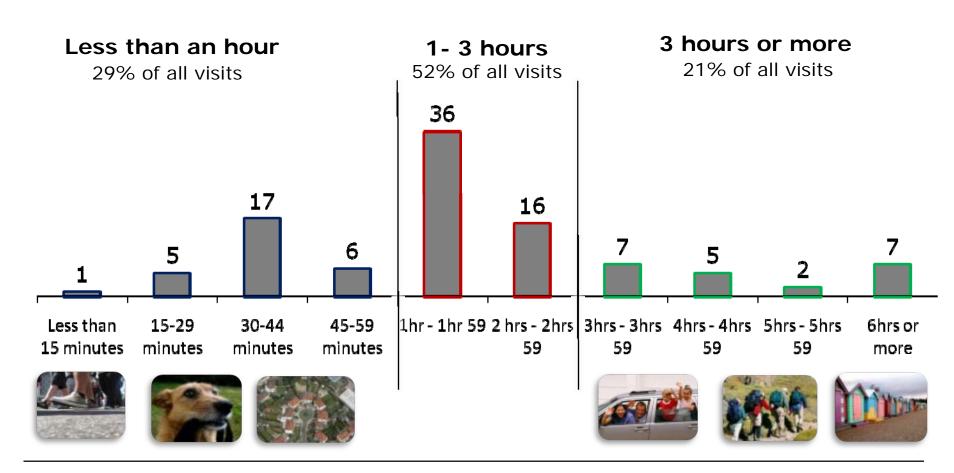
# What? A profile of visits





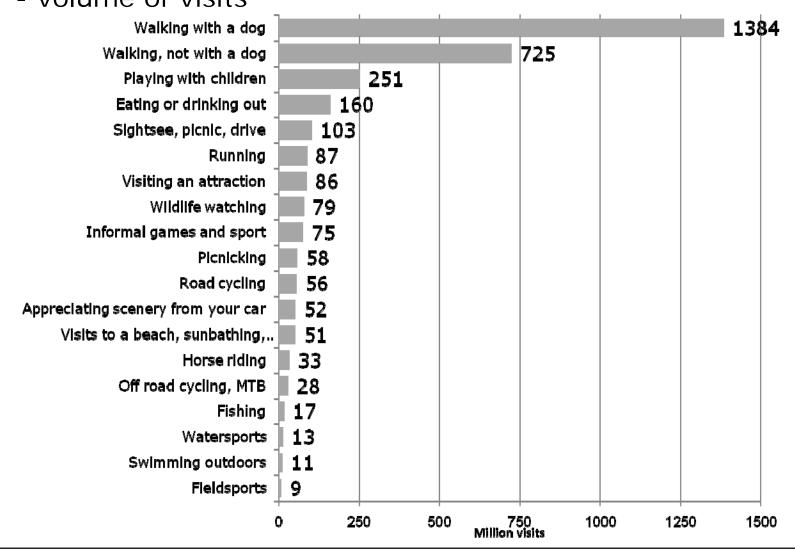
### Visit duration

An average visit duration of **2 hours**.





## Activities during visits to the natural environment - volume of visits

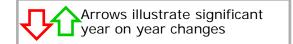




### Activities during visits to the natural environment

### - changes between years

	Volume of visits (millions)			
	2009/10	2010/11	2011/12	
Walking with a dog	1,380	1,268	1,384	
Walking, not with a dog	739	660	725	
Playing with children	229	212	251	
Eating/ drinking out	182	142	160	
Running	80	74	87	
Visiting an attraction	109	89	<b>7</b> 86	
Wildlife watching	77	70	79	
Informal games and sport	85	66	75	
Picnicking	53	46	58	
Road cycling	65	50	56	
Appreciating scenery from your car	53	48	52	
Beach/ sunbathing/ paddling in sea	51	50	51	
Horse riding	36	27	33	
Off-road cycling/ mountain biking	34	26	28	
Fishing	17	15	17	
Watersports	16	11	13	
Swimming outdoors	16	13	11	
Fieldsports	15	10	9	
Total	2,858	2,494	2,727	



While volumes decreased for all activities between years 1 and 2 – in year 3 volumes **recovered** for many activities including:

- Walking with a dog
- Playing with children
- Running
- Wildlife walking

Volumes of visits involving other activities also increased significantly in year 3 but not to the levels recorded in year 1.

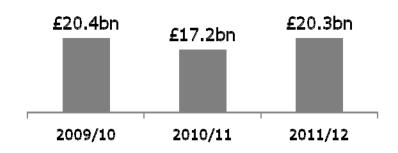
### Expenditure during visits to the natural environment

**26%** of visits involved any expenditure

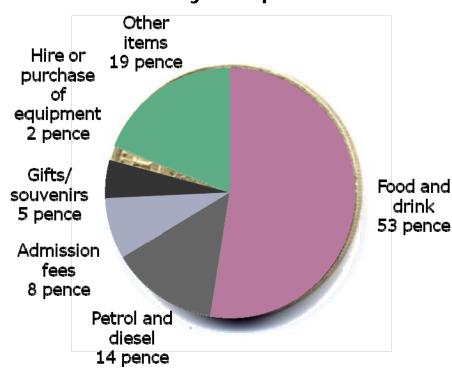
An average of **£28** was spent during these visits

This equates to around £20.3bn spend in total.

This is significantly higher than in year 2 and the same as year 1:



### Of every £1 spent...



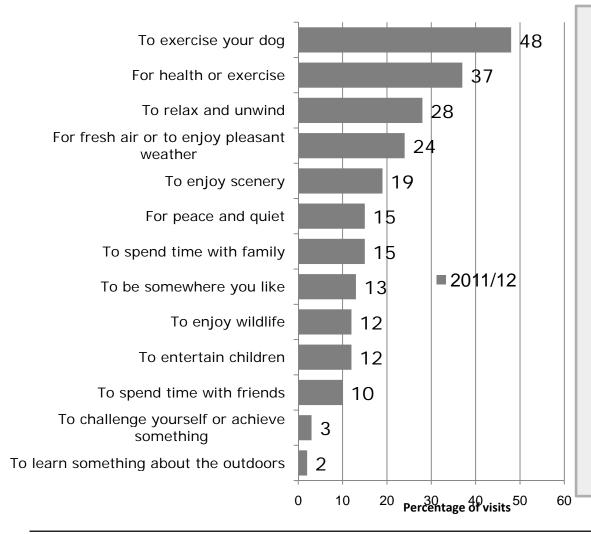


# Why? Motivations and barriers





### Reasons for taking visits



### **Variations**

#### By age

Under 25s – spending time with friends
24 to 44 – spending time with family,
entertaining children
45 to 65 – health and exercise, enjoying
scenery, enjoying wildlife.

### By gender

Men – relaxing & unwindingWomen – exercising dogs, time with family, entertaining children.

#### By socio-economic group

ABC1s – health and exercise, relaxing and unwinding, for fresh air.C2DEs – exercising dogs.

### By place visited

Seaside resorts/towns- relaxing and unwinding to visit somewhere they like.

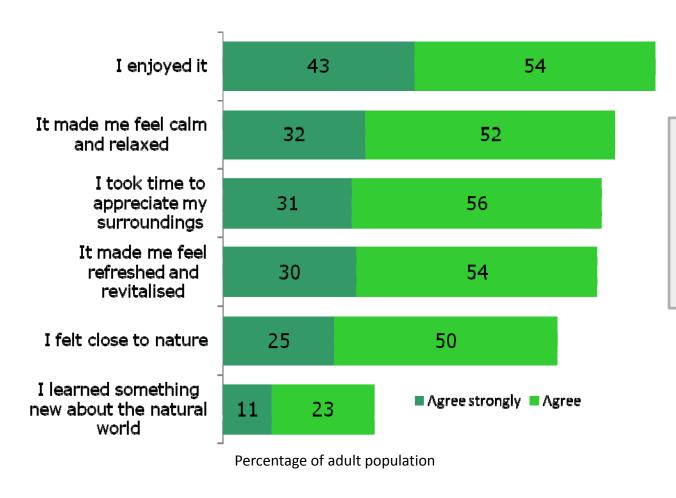
Other coast - peace & quiet.

Countryside - exercise dog, health & exercise.

**Urban green space** – to entertain children, exercise dog.



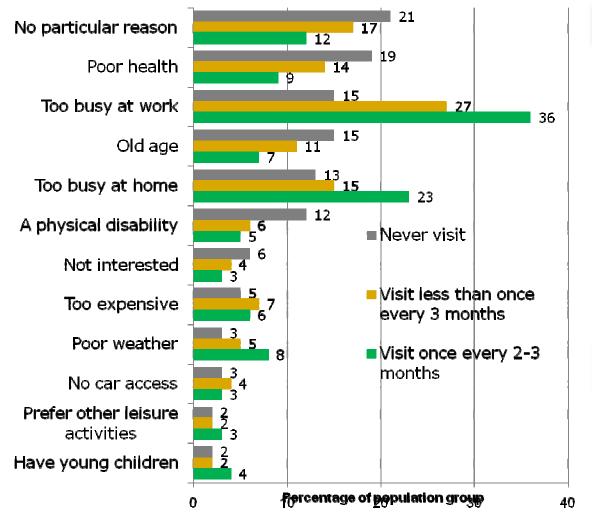
### Outcomes of visits to the natural environment



The majority of visits are enjoyed and make participants feel calm and relaxed to some extent but fewer participants learn something new.



### Reasons for not participating more often





Too busy at home Women Aged 25 to 64



Too busy at work Men Aged 25 to 44



Poor health, old age, disability Women Aged 65 and over DE socio-economic group White ethnicity



No particular reason/ not interested Men Aged 16 to 24 DE socio-economic group BME population



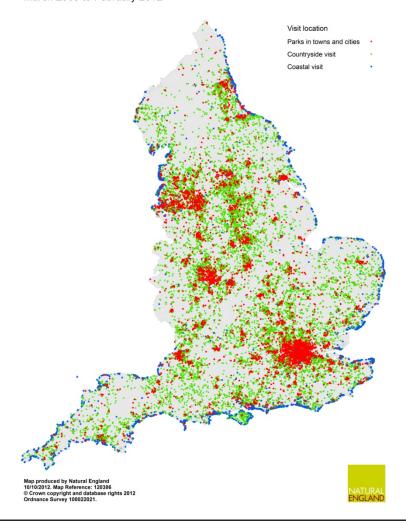
# Using the results at a local level – case studies





### Detailed geographic analysis with geocodes

Map of visit locations included in the study: March 2009 to February 2012



This map shows how we have been able to use the visit grid references to plot visits to local areas.

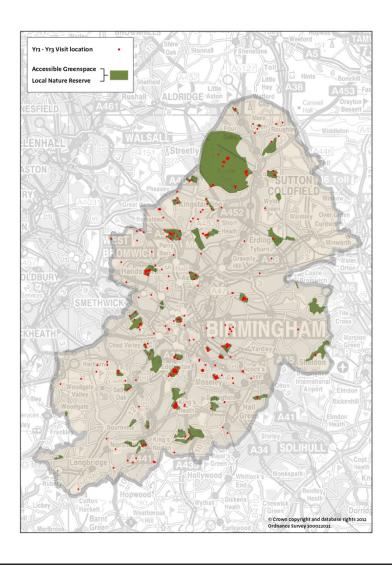
In the map, the visit destinations of almost 47,000 visits have been adde – representing some of the visits we have randomly sampled between March 2009 and February 2012.

The grid references can be used in conjunction with other MENE data to produce profiles of visits in local areas.

For example we might examine activities undertaken, distances travelled, visit outcomes, or expenditure.



## Detailed geographic analysis



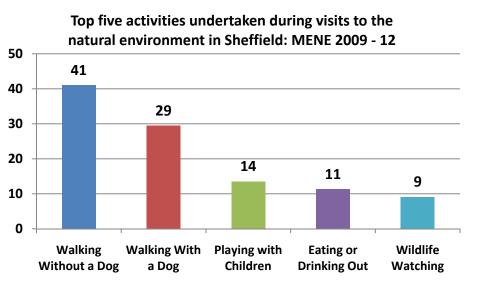
This map shows how we have been able to use the visit grid references to plot visits to a local area.

In the map, the visit destinations of residents in Birmingham have been plotted to show which areas of local green space they are or are not using.

The grid references can be used in conjunction with other MENE data to produce profiles of visits in local areas. For example we might examine activities undertaken, distances travelled, visit outcomes, or expenditure.



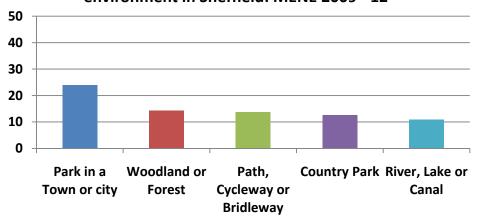
### Local analysis Analysis of visits taken in Sheffield



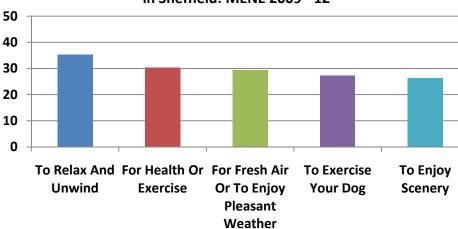
We can use the attribute data associate with the grid references to build profiles of visit taking in local areas.

Here we have profiled all of the visits taken in Sheffield and used the data to profile key characteristics of visit-taking in the area.

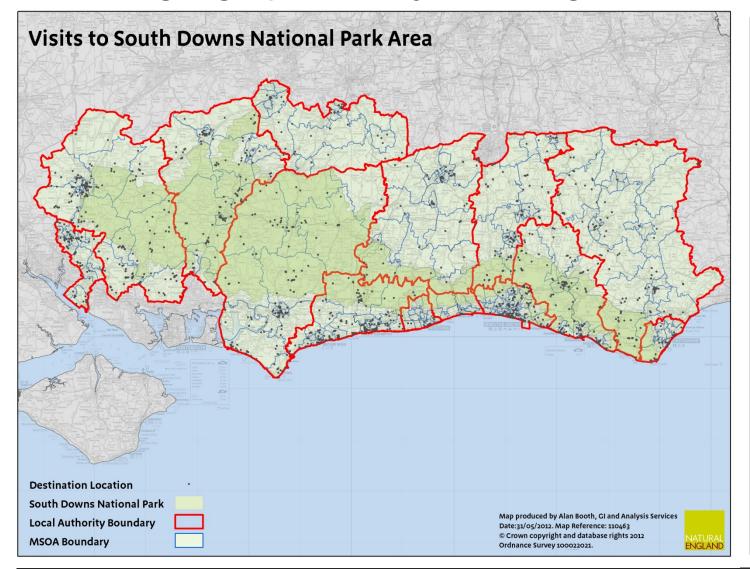
Top five specific places visited in the natural environment in Sheffield: MENE 2009 - 12



Top five motivations for visting the natural environment in Sheffield: MENE 2009 - 12



## Detailed geographic analysis with geocodes

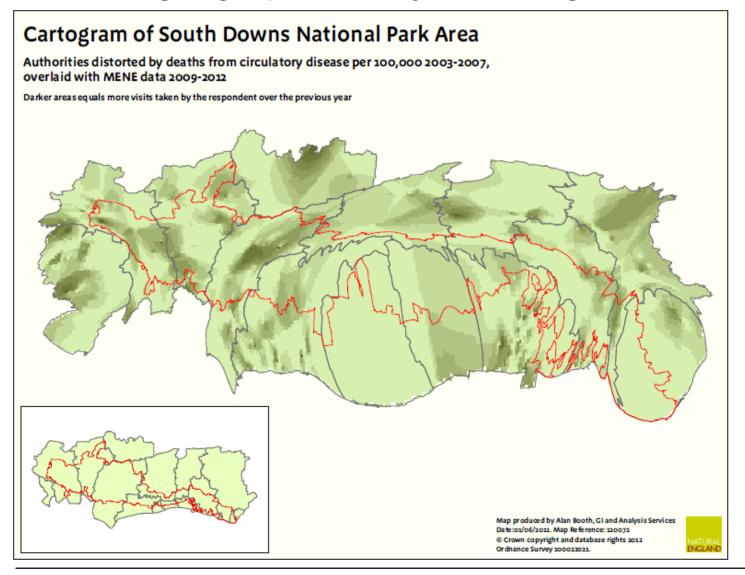


This map was produced for the South Downs National Park Authority's "State of the Park" 2012 Report which informed the Management plan and future priorities.

The SDNP approached NE because there was little information available on people's motivations and attitudes.



## Detailed geographic analysis with geocodes



This map was produced for the South Downs National Park Authority's "State of the Park" 2012 Report which informed the Management plan and future priorities.

This map illustrates the overlap between circulatory disease and hotspots of less frequent visittaking.



## Accessing and using the results

### 2011/12 Annual Report



### Technical Report



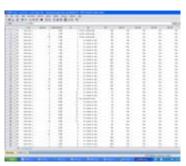
### Monthly updates



### On-line data viewer



### SPSS & Excel datasets



## Special analyses & reports

- ELVS comparison
- Attitudes to the natural environment
- Population segmentation
- Spatial analysis





For further information relating to official statistics contact <a href="mailto:Stephen.herbert@naturalengland.org.uk">Stephen.herbert@naturalengland.org.uk</a>

For all other questions contact Erica Wayman, MENE Project Manager Erica.wayman@naturalengland.org.uk



### Accessing and using the data

Access the outputs by going to: www.naturalengland.org.uk/ourwork/enjoying/research/monitor

Or go direct to the online viewer at: www.naturalengland.org.uk/mene

Please complete the MENE user engagement survey! (accessed via the main site above)





## QUESTIONS

