This workshop will provide an initial awareness level of Impairment & Disability issues and begin to explore and discuss the needs of people with disabilities who wish to access the countryside.*

At the end of the session, attendees will have :

- Demonstrated an initial understanding of disability issues
- Begun to explore the effect of having an impairment / disability on an individual
- Discussed the often unintentional barriers that we can create within a countryside environment
- Looked at basic standards for best practice in countryside accessibility for people with easier access needs

* further learning can be accessed and more 'in depth' regional on-site day events could be made available if wished.